

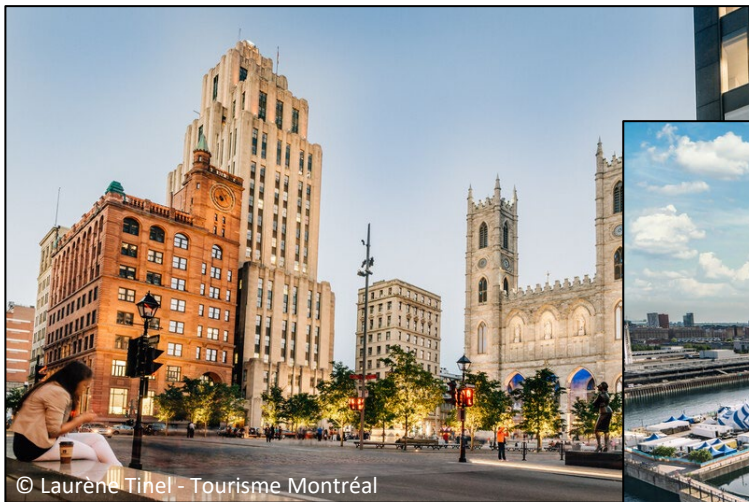


Quebec Chapter  
Section du Québec  
Montrer la voie, améliorer des vies

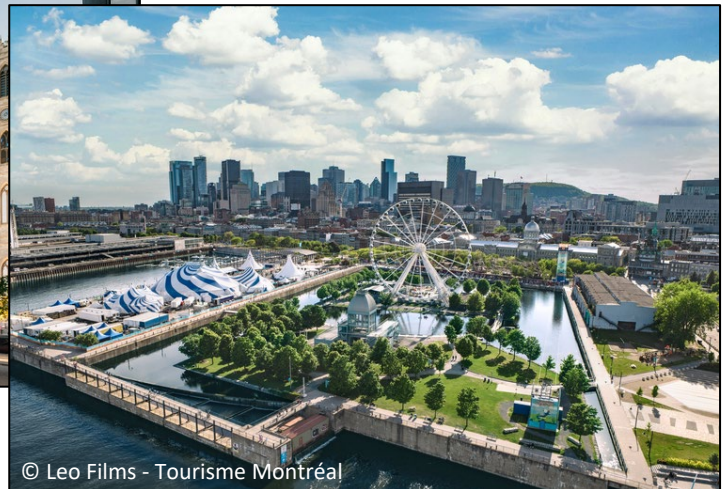


## CSIM Annual Meeting | Congrès annuel de la SCMI

October 21-23, 2026 | du 21 au 23 octobre 2026  
Le Westin Montréal – Montréal, Québec



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Throughout the meeting, participants will hear from internationally recognized researchers, educators, and clinicians through a diverse program of workshops, plenary sessions, and more. These sessions aim to cover the most current topics and issues relevant to physicians in the field of General Internal Medicine.

Des chercheurs, des éducateurs et des cliniciens de renommée mondiale viendront nous entretenir de ces sujets au congrès. Ces exposés stimuleront la discussion sur la place et l'importance de l'interniste généraliste comme promoteur de la prise en compte des données probantes les plus concluantes et des pratiques exemplaires dans le but d'offrir des soins et des services de santé sûrs et à la fine pointe.

**Canadian Society of Internal Medicine**  
**Société canadienne de médecine interne**

Suite 219, 99-1568 Merivale Road  
Ottawa, ON K2G 5Y7

Tel: 613-422-5977 | 1-855-893-CSIM (2746)

[info@csim.ca](mailto:info@csim.ca) | [www.csim.ca](http://www.csim.ca)

# Preliminary Program

## CSIM Annual Meeting 2026

WEDNESDAY, OCTOBER 21, 2026

0700 – 1200 **CIMUS POCUS Simulation Workshop** (*separate registration and fees; limited space*)

1245 – 1700 **Concurrent themed Workshops** (*select two of four themes*)

### 1. Vascular Medicine

- **Antithrombotic Therapy in Stable and Acute Vascular Disease** – *Dr. Eric Kaplovitch, Toronto*
  - Select appropriate antithrombotic strategies for patients with stable atherosclerotic vascular disease, including the use of single vs dual pathway inhibition.
  - Differentiate antithrombotic management approaches in acute vascular presentations based on ischemic and bleeding risk.
  - Apply evidence-based approaches to optimize long-term vascular protection.
- **Updates in the Management of Thromboembolism** – *Dr. Julien d'Astous, Montreal*
  - Apply contemporary risk stratification frameworks for pulmonary embolism to guide disposition and management decisions.
  - Evaluate the risks and benefits of thrombectomy and advanced therapies in pulmonary embolism, including appropriate patient selection.
  - Stratify the risk of recurrent venous thromboembolism to guide duration and intensity of anticoagulation.
  - Appraise emerging evidence on Factor XIa inhibitors.

### 2. Critical care

- **Top 5 Trials in Critical Care** – *Dr. Francis Toupin, Montreal*
  - Summarize key practice-changing insights from ICU literature over the last year.
- **Novel Recovery Program Post-ICU** – *Dr. David Hornstein, Montreal*
  - Describe a novel program for care of critically ill patients following discharge from ICU.
  - Identify the challenges faced by long term survivors of ICU admission.
  - Discuss the academic, research and educational opportunities stemming from such a program.

### 3. Obstetric Medicine

- **Diabetes in Pregnancy** – *Dr. Tricia Peters, Montreal*
  - Analyze the progressive changes in maternal blood glucose and insulin requirements during pregnancy and post-partum.
  - Appraise the safety of medications in the pre-conception period.
  - Propose alternative options for patients declining conventional medical treatment.
- **Acute and Chronic Kidney Failure in Pregnancy** – *Dr. Tiina Podymow, Montreal*
  - Outline appropriate preconception risks associated with kidney disease in pregnancy.
  - Develop a management plan for pregnant patients with CKD.
  - Discuss long-term outcomes of patients with CKD after a pregnancy.

### 4. Perioperative Care

- **Complex Cases in Perioperative Care** – *Dr. Emmanuelle Duceppe, Montreal*
  - Identify key challenges in the preoperative evaluation of patients with complex multisystem comorbidities.
  - Describe current controversies in perioperative cardiovascular care.
  - Implement evidence-based management of cardiac disease in the perioperative period.

## WEDNESDAY, OCTOBER 21, 2026 (continued)

### ▪ ABCs of Clinical Innovation in Perioperative Medicine

#### i. Preoperative Anemia – *Dr. Teresa Cafaro, Montreal*

- Describe the impact of anemia on perioperative outcomes.
- Present an innovative tool to identify and manage perioperative anemia management.
- Understand how such a tool can impact patient outcomes.

#### ii. Postoperative Osteoporosis – *Dr. William Silverstein, Toronto*

- Define the incidence and burden of the osteoporosis care gap.
- Implement a novel approach to improving prescribing rates of osteoporosis treatments after a fragility fracture.
- Understand the roles and value of an interdisciplinary approach to quality improvement initiatives.

## 1715 – 1830 Opening and Keynote Plenary

### Guiding Patients in the Misinformation Era – *Dr. David Scales, New York, NY*

- Recognize and define the spectrum of information distortion, including medical misinformation.
- Articulate why misinformation, information distortion, and unhealthy information environments can lead to harm.
- Describe strategies to mitigate harm at the point of care that reflect the structure of our information crisis.

## THURSDAY, OCTOBER 22, 2026

### 0715 Breakfast Opens

## 0755 – 0900 Breakfast and Plenary: Top Five Papers – *Dr. Luc Lanthier and Dr. Alexandre Mutchmore, Sherbrooke, QC*

- Identify and summarize the findings of five papers published in 2026 that are highly relevant to internists and general internists in Canada.
- Review the strengths and limitations of the papers using the principles of evidence-based medicine.
- Recognize the implications of these papers for one's own clinical practice.

## 0915 – 1145 Concurrent Clinical Workshops (select two of seven; workshop titles are noted in the language of presentation)

- 1. Approach to Peripheral Neuropathy: A Practical Diagnostic Framework – *Dr. Dina Namirian, Montreal***
  - Identify key historical and examination features that help distinguish axonal, demyelinating, small fiber, and motor predominant neuropathies.
  - Select appropriate first line laboratory investigations and recognize when electrodiagnostic testing or imaging is indicated.
  - Apply a structured approach to identifying reversible or urgent causes requiring timely intervention.
- 2. Raisonement clinique à l'ère de l'intelligence artificielle : quels risques et quels bénéfices?**  
*Dr. Éric Yamga, Montréal*
  - Expliquer comment l'intelligence artificielle influence le raisonnement clinique et la prise de décision.
  - Identifier les bénéfices, les limites et les risques en matière de sécurité liés au raisonnement assisté par l'IA.
  - Décrire le rôle de l'IA dans la pédagogie médicale et le développement des compétences cliniques.
- 3. Update in IBS for the Internist – *Dr. Polymnia Galiatsatos, Montreal***
  - Apply diagnostic criteria to help differentiate between IBS subtypes.
  - Determine when further investigations should be pursued ("red-flags").
  - Select appropriate evidence-based non-pharmacological and pharmacological treatments options.
- 4. Geriatric Oncology – *Dr. Miruna Anohim, Montreal***
  - Apply validated frailty assessment tools to guide risk–benefit discussions regarding cancer surgery.
  - Integrate frailty assessment into decision-making around chemotherapy and management of treatment-related toxicity.
  - Incorporate frailty assessment into palliative care planning.

**5. Contrôle du rythme dans la fibrillation auriculaire – Dr Jean Marc Raymond, Montréal**

- Développer une approche clinique pour les patients chez qui vous suspectez une affection auto-inflammatoire indifférenciée.
- Prescrire des examens diagnostiques fondés sur les données probantes afin d'évaluer les maladies auto-inflammatoires.
- Interpréter les résultats de ces examens pour poser un diagnostic de maladie auto-inflammatoire et d'orienter le patient de manière appropriée.

**6. Managing Immune Related Toxicities: Practical Updates for General Internists**

*Dr. Jan-Alexis Tremblay, Montreal*

- Recognize common and high risk immune related adverse events associated with checkpoint inhibitors and CAR T therapies.
- Initiate first line management strategies for suspected immune related toxicities and determine when urgent specialty input is required.
- Integrate updated monitoring recommendations and red flag features into routine inpatient and outpatient assessment.

**7. Vasculopathy – Dr. Matthew Ades and Dr. Anthony Sandre, Hamilton, ON**

- Differentiate the clinical presentations and underlying pathophysiology of non-atherosclerotic vasculopathies.
- Formulate a diagnostic approach to suspected vasculopathy, including the appropriate selection and interpretation of vascular imaging modalities.
- Integrate evidence to guide the management of non-atherosclerotic vascular diseases, including risk factor modification and indications for specialty referral.

**0915 – 1045 Clinical Trials – Thinking Outside the Box – Dr. Kieran Quinn, Toronto and Dr. Isabelle Malhamé, Montreal**

- This interactive session will convene several of Canada's leading researchers to enrich strategic discussion around our nation's clinical trials "enterprise" and identify opportunities for involvement.
- This session is intended for all people interested in clinical trials, regardless of their ability to lead or participate in clinical trial research. All are welcome!
  - Demonstrate an understanding of the GIM clinical trials "enterprise" in Canada.
  - Engage in a unique national networking opportunity for internists interested in clinical trials.
  - Share information about opportunities to get involved in existing and emerging multi-institutional collaborative clinical trials.

**1145 – 1300 Lunch and Senior Investigator Award Lecture**

**1315 – 1600 Concurrent Cases In... Workshops (select two of five; workshop titles are noted in the language of presentation)**

**1. Updates in Dyslipidemia – Dr. Iulia Iatan, Montreal**

- Summarize how to test for dyslipidemia in 2026.
- Interpret the results of dyslipidemia tests.
- Propose appropriate treatments, taking into account new available therapies.

**2. Hypertension Cases**

**3. Management of Complex Cases in Sarcoidosis – Dr. Laurent Nguyen, Montreal**

- Evaluate and assess patients with extra-pulmonary sarcoidosis.
- Interpret the appropriate diagnostic tests for sarcoidosis.
- Develop an approach to the management of complex sarcoidosis.

**4. Un guide de soins des plaies pour l'interniste généraliste – Dr Philippe Watson, Montréal**

- Catégoriser les plaies selon leur apparence et leurs causes sous-jacentes.
- Rechercher les signes de complications d'une plaie (p. ex.: une ostéomyélite).
- Développer une approche systématique pour le traitement des plaies.

## THURSDAY, OCTOBER 22, 2026 *(continued)*

### 5. **Antibiotics: Is Less Really More?** – *Dr. Philip Lam, Toronto*

- Examine the evidence supporting shorter antibiotic courses in the treatment of acute infections, including pneumonia and osteomyelitis.
- Review evidence for shorter duration of antibiotic prophylaxis, including variceal bleeding and procedural settings.

### 1315 – 1600 **Research/QI Oral and Poster Competitions** *(concurrent to the Cases In... workshops)*

- Recite updates on current research in the field of general internal medicine.
- Apply QI methodology to the care of internal medicine patients.

**TRAINEES, [click here](#) to submit your abstracts! Deadline: June 4, 2026 at 4:00pm Eastern Time.**

### 1615 – 1700 **Annual Business Meeting of CSIM Members**

## FRIDAY, OCTOBER 23, 2026

### 0715 **Breakfast Opens**

### 0755–0900 **Breakfast and Plenary: Teaching Wisely: Leveraging Education to Reduce Low-value Care on General Medical Wards** – *Dr. William Silverstein, Toronto*

- Describe the current state of unnecessary care in Canada.
- Recognize why leveraging education is an important tool to reduce unnecessary tests, treatments, and procedures.
- Identify strategies that effectively integrate high-value care concepts into medical training.
- Summarize evidence-based quality improvement initiatives in order to reduce low-value care.

### 0915 – 1145 **Clinical Workshops** *(select two of seven; workshop titles are noted in the language of presentation)*

1. **Connective Tissue Disease-Associated Interstitial Lung Disease** – *Dr. H  l  ne Manganas, Montreal*
  - Identify patients who need to be screened for connective tissue disease-associated interstitial lung disease.
  - Choose appropriate diagnostic strategies, lab-based and other types of investigations.
  - Select the appropriate treatments, taking into account their indication, effectiveness and side effects.
2. **APLA and Vasculopathy in Pregnancy** – *Dr. Camille Simard, Montreal*
  - Review and apply the most recent classification criteria for antiphospholipid antibody syndrome (APS), including appropriate interpretation and timing of laboratory testing in the context of pregnancy.
  - Recognize the spectrum of vasculopathic complications in pregnancy associated with APS and other nonatherosclerotic conditions, including their clinical presentations, maternal-fetal risks, and key differential diagnoses.
3. **D  mystifier l'investigation des maladies auto-inflammatoires**  
*Dr Hugues Allard-Chamard, Sherbrooke*
  - D  velopper une approche clinique pour les patients chez qui vous suspectez une affection auto-inflammatoire indiff  renci  e.
  - Prescrire des examens diagnostiques fond  s sur les donn  es probantes afin d'  valuer les maladies auto-inflammatoires.
  - Interpr  ter les r  sultats de ces examens pour poser un diagnostic de maladie auto-inflammatoire et d'orienter le patient de mani  re appropri  e.
4. **A Practical Approach to the Older Adult in Perioperative Medicine** – *Dr. Sofia Nene, Montreal*
  - Apply frailty assessments to guide perioperative risk stratification and target prehabilitation strategies in older adults.
  - Perform focused preoperative geriatric assessments to address issues of cognition, nutrition, and polypharmacy.
  - Optimize perioperative medication management in older adults.

5. **GLP-1 Medications: How and When to use the "Wonder Drug"** – *Dr. Kaberi Dasgupta, Montreal*
  - Summarize and apply the evidence for use of GLP-1 agonists outside of diabetes.
  - Determine which patients would benefit from a GLP-1 agonist, and at what time to prescribe them.
  
6. **Trouble neurologique fonctionnel (TNF) : diagnostic, communication et prise en charge précoce**  
*Dr. Arline Bérubé, Montréal, QC*
  - Développer une approche clinique pour les patients chez qui vous suspectez une affection auto-inflammatoire indifférenciée.
  - Prescrire des examens diagnostiques fondés sur les données probantes afin d'évaluer les maladies auto-inflammatoires.
  - Interpréter les résultats de ces examens pour poser un diagnostic de maladie auto-inflammatoire et d'orienter le patient de manière appropriée.
  
7. **Renal Tubular Acidosis: The Practical Edition**
  - Differentiate renal tubular acidosis from other causes of non-anion gap metabolic acidosis.
  - Evaluate a patient with renal tubular acidosis for the underlying etiology.
  - Manage a patient with a new diagnosis of renal tubular acidosis.

1145 – 1245 **Lunch and New Investigator Award Lecture**

1300 – 1415 **What's New In... Short Snappers**

- **New Guidance for Polymyalgia Rheumatica** – *Dr. Sabrina Fallavollita, Montreal*
  - Guide management of patients with PMR, including timing for a referral to Rheumatology.
  - Describe novel approaches to the treatment of PMR.
  
- **Osteoporosis in Men** – *Dr. Suzanne Morin, Montreal*
  - Summarize screening recommendations for men, including identification of risk factors.
  - Counsel patients on treatment according to risk level.
  
- **Beyond Benzos: Rethinking Alcohol Withdrawal Management in 2026** – *Dr. Blair Schwartz, Montreal*
  - Compare and contrast benzodiazepines against barbiturates for the management of alcohol withdrawal.

1315 – 1430 **Clinical Poster Competition** (concurrent to Short Snappers)

1430 – 1630 **Clinical Vignettes**

- Describe unusual presentations of common diseases and common presentations of rare diseases.
  - Become familiar with the characteristics of engaging and educational case presentations.
- TRAINEES, [click here](#) to submit your abstracts! **Deadline: June 4, 2026 at 4:00pm Eastern Time.**

1630 – 1700 **Networking Reception**

1645 – 1745 **ACP Doctor's Dilemma®** – *Join us for a fast-paced game of medical jeopardy!*

Hosted by the Quebec Chapter of the American College of Physicians.

CALL FOR TEAMS: RESIDENTS, [click here to register!](#) (number of teams limited)

**The Westin Montreal has limited capacity; registration is very limited  
and will sell out – please register early.  
Registration opens in June – stay tuned!**

## CONFERENCE VENUE AND HOTEL

### [The Westin Montreal](#)

270 Rue Saint-Antoine O  
Montréal, QC H2Y 0A3



**Come early, stay late, and discover Montréal!**

[Click here](#) to discover Montreal's vibrant culinary scene, natural and historical attractions and more!

**Book your room at the CSIM rate by [clicking here](#).**

*Availability is very limited and on a first-come, first-served basis.*

*Rooms will sell out – please reserve early.*

## TRAVEL DISCOUNTS

- [Air Canada](#) is the preferred Canadian airline for the CSIM Annual Meeting!  
For a discount of 5%-10% on eligible fares, enter promotional code **CBXPG6D1**.
- [WestJet](#): Use code **9H111MF** for 5% off Econo and 10% off EconoFlex and Premium base fares.
- [Porter](#): Use code **CSIM26** for a 10% discount on eligible base fares.
- [VIARail](#): Use code **16036** for 10% off Economy (Plus) and Business (Plus) fares.

## GENERAL LEARNING OBJECTIVES

- Maintain competence on a wide variety of relevant topics in Internal and General Internal Medicine.
- Discuss emergent topics, both published and un-published.
- Establish a national network of general internist colleagues from community and university settings.
- Promote General Internal Medicine as a specialty to residents in training.

## LIEU ET HÔTEL

### [Le Westin Montréal](#)

270 Rue Saint-Antoine O  
Montréal (QC) H2Y 0A3



**Venez tôt, restez tard et découvrez Montréal !**

[Cliquez ici pour](#) découvrir la scène gastronomique de Montréal, ses sites naturels et historiques, ainsi que d'autres activités à faire pendant votre séjour !

**[Cliquez ici](#) pour réserver votre chambre au tarif spécial de la SCMI.**

*Les places sont limitées. Les chambres vont être vite réservées – réservez tôt.*

## RÉDUCTIONS SUR LES VOYAGES

- [AIR CANADA](#) est la compagnie aérienne préférée pour le Congrès annuel de la SCMI ! Lors de la recherche de vos vols, entrez **CBXPG6D1** dans le champ « Code promotionnel » pour recevoir un rabais de 5 % sur les tarifs standards admissibles et de 10 % sur les tarifs flexibles et plus.
- [WestJet](#): Utilisez le code **9H111MF** pour bénéficier d'une réduction de 5 % sur les tarifs de base Econo et de 10 % sur les tarifs de base EconoFlex et Premium.
- [Porter](#): Utilisez le code **CSIM26** pour bénéficier d'une réduction de 10 % sur les tarifs éligibles.
- [VIARail](#): Utilisez le code **16036** pour bénéficier d'une réduction de 10 % sur les tarifs Economy (Plus) et Business (Plus).

## OBJECTIFS GÉNÉRAUX

- Maintenir les compétences en actualisant les connaissances sur une vaste gamme de sujets à la fine pointe en MIG.
- Examiner de nouveaux sujets d'actualité, qui ont fait l'objet de publications ou encore inédits, en émergence depuis le dernier congrès.
- Établir un réseau de collègues internistes généraux des milieux communautaire et universitaire.
- Promouvoir la spécialité de la médecine interne générale auprès des médecins résidents.



**This program has received an educational grant and in-kind support from:**

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