

# CSIM Virtual Annual Meeting October 14-16, 2021

## Program



### Mark your calendars and register today!

The **Canadian Society of Internal Medicine** is pleased to present its **Virtual Annual Meeting** which will feature a select number of key lectures and core workshops on current topics and issues relevant to physicians in the field of IM/GIM.

These sessions will open a dialogue about how internists and general internists can continue to lead in incorporating the best evidence to deliver high quality care.

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 **#CSIM2021**

# CSIM VIRTUAL ANNUAL MEETING 2021

All times are in Eastern Time.

## THURSDAY, OCTOBER 14, 2021

### 12:00-1:00pm ET – **TOP FIVE PAPERS** – *Dr. Anthony Battad, Max Rady College of Medicine, University of Manitoba*

- Identify and summarize the findings of five papers published in 2021 that are highly relevant to internists and general internists in Canada.
- Review the strengths and limitations of the papers using the principles of evidence-based medicine.
- Recognize the implications of these papers for one's own clinical practice.

### 1:15-2:15pm ET – **TREATING HEART FAILURE IN 2022** – *Dr. Margot Davis, Vancouver, BC*

- Apply the new Canadian Cardiovascular Society heart failure guidelines.
- Incorporate novel medications for treatment of heart failure in clinical practice.
- Understand the role of atrial fibrillation rate and rhythm control in patients with heart failure.

### 2:45-3:45pm ET – **OBESITY AND BARIATRIC MEDICINE** – *Dr. Ali Zentner, Vancouver, BC*

- Demonstrate an understanding of the pathophysiology of obesity and how it fits into a true disease model.
- Identify barriers to the care of patients with obesity, specifically, the dangers of weight bias in medicine.
- Discuss evidence-based treatment options for patients with obesity, both medical and surgical.
- Establish an approach to discussing weight in one's office.

### 4:00-5:00pm ET – **SHORT SNAPPERS**

#### ➤ **Diabetes Update** – *Dr. Alice Cheng, Toronto, ON*

- Review therapeutic options in the management of diabetes including updated recommendation for glucose monitoring.
- Outline updates in guideline-based prevention and treatment strategies for cardiorenal disease in patients with diabetes.

#### ➤ **Advances in Lipid Management** – *Dr. Glen Pearson, Edmonton, AB*

- Apply the updated Canadian Cardiovascular Society Guidelines for the management of dyslipidemia for the prevention of cardiovascular disease in adults.
- Review new lipid lowering agents and appropriate use in patients needing additional LDL lowering.

## FRIDAY, OCTOBER 15, 2021

### 12:00-1:00pm ET – **CSIM/ROYAL COLLEGE OSLER LECTURE: An Anchor, a Compass, and a Guiding Light**

*Dr. Amy Hendricks, Antigonish, NS*

- Articulate an ethic of service specific to one's own context, informed by the principle of equity and the lessons of the pandemic.
- Identify factors that promote or threaten generalism and positive medical culture - at national, provincial and departmental levels.
- Recognize and cultivate opportunities for gentleness, curiosity and joy in one's own practice setting.

### 1:15-2:15pm ET – **HYPERTENSION UPDATE** – *Dr. Raj Padwal, Edmonton, AB*

- Define clear blood pressure targets for a given patient population.
- Anticipate the negative side effects of antihypertensives.
- Recognise when and how to investigate for secondary hypertension.

## FRIDAY, OCTOBER 15, 2021 *continued*

### 2:45-3:45pm ET – **PRESURGICAL SCREENING UPDATE AND PERIOPERATIVE CARE**

*Dr. Maura Marcucci, McMaster University, Hamilton, ON*

- Apply preoperative risk stratification guidelines to patients who are complex and have multi-system needs, including frailty and cognitive impairment.
- Utilize testing resources appropriately in the preoperative and perioperative setting.
- Communicate perioperative risks to patients, families and surgical colleagues in a helpful and nuanced manner, particularly when the benefit of surgery may be outweighed by risks.
- Discuss strategies to minimize and manage postoperative morbidity in hospitalized patients.

### 4:00-5:00pm ET – **SHORT SNAPPERS**

- **COVID-19 Vaccination** – *Dr. Megan Devlin, London, ON*
  - Better understand the type of vaccines available and have real world data on their efficacy.
  - Understand common vaccine side effects and their frequency.
  - Advise on vaccination in pregnancy.
  - Appreciated the usefulness of a third (booster) dose in special patient groups and the population at large.
- **COVID-19 Disease and Treatment** – *Dr. Lisa Barrett, Halifax, NS*
  - Apply emerging evidence to the management of patients with moderate/severe COVID-19.
  - Identify special considerations about management of COVID-19 in pregnant patients.

## SATURDAY, OCTOBER 16, 2021

### 10:00am-12:00pm ET – **TED GILES CLINICAL VIGNETTES**

*Join us at the Ted Giles Clinical Vignettes competition as trainees present unusual clinical cases.*

- Describe unusual presentations of common diseases and common presentations of rare diseases.
  - Become familiar with the characteristics of engaging and educational case presentations.
1. **Quite the Pred-icament: A Curious Case of Sinus Tachycardia** – *Dr. Emilie Deschner, Western University*
  2. **Crisis averted** – *Dr. Samik Doshi, University of Toronto*
  3. **Hidden in Plain Sight** – *Dr. Anukul Ghimire, University of Alberta*
  4. **Snap! Crack(le)! Pop! A Case of the Weak Fragile Bones** – *Dr. Brian Kim, University of British Columbia*
  5. **Are you “Willing to Wait for it?” A Mystery Diagnosis that Revealed Itself 6 Months Later** – *Dr. Zahra Merali, Western University*
  6. **Profound Lactic Acidosis: When the Differential Has A Gap** – *Dr. Laurence Poirier-Blanchette, McGill University*
  7. **An Unusual Case of Non-traumatic Retroperitoneal Hemorrhage** – *Dr. Arifuddin Saad Mohammed, Queen's University*
  8. **A Message In The Marrow: An Elusive Case of Bicytopenia** – *Dr. Clarissa Skorupski, University of Toronto*
  9. **Transverse Myelitis and Hypoxia in a Middle-aged Woman** – *Dr. Kathryn Sullivan, University of Ottawa*
  10. **Subacute Headaches in a Double-lung Transplant Recipient** – *Dr. Alison Sumner, Queen's University*

*Program subject to change.*

## ADDITIONAL EDUCATIONAL SESSIONS

- **DR. DAVID SACKETT SENIOR INVESTIGATOR AWARD LECTURE** – *Dr. Ahmed Bayoumi, Toronto, ON*  
**NEW INVESTIGATOR AWARD LECTURE** – *Dr. Michael Fralick, Toronto, ON*  
October 27, 2021 5:00-6:30pm ET
- **RESEARCH/QUALITY IMPROVEMENT ORAL PRESENTATIONS**  
November 5, 2021 12:00-1:30pm ET
- **CLINICAL POSTER PRESENTATIONS**  
November 9, 2021 12:00-1:00pm ET
- **RESEARCH/QUALITY IMPROVEMENT POSTER PRESENTATIONS**  
November 17, 2021 12:00-1:00pm ET

[Click to learn more and register for these sessions.](#)

## WORKSHOPS PLANNED FOR 2022

- **NEW ANTIBIOTICS AND ANTIMICROBIALS** – January 27, 2022 12:00-1:00pm ET
- **MEDICAL DISORDERS OF PREGNANCY** – February 15, 2022 12:00-2:00pm ET
- **MAID UPDATE** – March 24, 2022 12:00-1:00pm ET
- **COMPLICATIONS OF CANCER IMMUNOTHERAPY** – April 6, 2022 12:00-1:00pm ET
- **UNDERSTANDING PATIENTS WITH POSTURAL ORTHOSTATIC TACHYCARDIA SYNDROME** – May 11, 2022 12:00-1:00pm ET

## OUR SINCERE THANKS TO THE 2021 CSIM ANNUAL MEETING COMMITTEE!

**Dr. Kathryn Myers, Co-Chair**  
**Dr. John Neary, Co-Chair**  
**Dr. Amy Hendricks, Committee Vice-President**  
**Dr. Natalie Dayan**  
**Dr. Michelle Dearden**

**Dr. Laura Farrell**  
**Dr. Lynn Lambert**  
**Dr. Vanja Petrovic**  
**Dr. Erin Spicer**  
**Dr. Kajenny Srivaratharajah**

## MOC/CPD ACCREDITATION

The CSIM Virtual Annual Meeting 2021 is a virtual educational event approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. As an accredited provider, CSIM has approved this program for 10 credit hours.

Through an agreement between the American Medical Association and the Royal College of Physicians and Surgeons of Canada, the Canadian Society of Internal Medicine has designated this live educational activity for 10 *AMA PRA Category 1 Credits™*. Live educational activities recognized by the Royal College of Physicians and Surgeons of Canada as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

## GENERAL LEARNING OBJECTIVES

- Maintain competence on a variety of relevant topics in Internal Medicine and General Internal Medicine.
- Discuss new topics (both published and un-published) that have arisen since the last CSIM meeting.
- Promote General Internal Medicine as a specialty to our residents in training.

## REGISTRATION FEES

Category	Registration Fee (plus tax)
CSIM Members and Associates	\$149
Non-Members	\$199
Residents and Medical Students	\$79
Saturday morning (Ted Giles Clinical Vignettes) only	\$0
CSIM Annual General Meeting of Members (October 6, 2021)	\$0

[CLICK HERE TO REGISTER](#)

## CANCELLATION POLICY

Refunds, less a \$25 administration fee (plus tax), will be issued for cancellations received in writing by the CSIM Office ([info@csim.ca](mailto:info@csim.ca)) by October 7, 2021. No refunds will be provided for cancellations on or after October 8, 2021. Registrations cannot be shared or transferred.

## CSIM ANNUAL BUSINESS MEETING OF MEMBERS

The Annual Business Meeting of Members of the CSIM will be held virtually on Wednesday, October 6, 2021 at 12:00pm (Eastern Time.) Open only to CSIM associates and CSIM Members in good standing.

[Click to register for the CSIM Annual Business Meeting of Members.](#)

## DISCLAIMERS

CSIM Virtual Annual Meeting sessions will be recorded and may be posted to the CSIM website, which is in the public domain.

The information contained in the CSIM Annual Meeting program, speaker statements and other meeting related materials are for information purposes only and do not constitute medical advice. The opinions included do not necessarily reflect those of the CSIM. The CSIM does not endorse nor guarantee the validity of any statements or information therein. The information communicated is intended to be used within the context of the professional skill and judgment of the reader as nothing herein relieves readers and meeting participants of their responsibility as professionals to exercise such independent skills and judgement.

## **CSIM Mission Statement**

The CSIM is a non-profit professional society that promotes the health and well-being of Canadian patients, their communities, and their health care systems. We seek to foster leadership and excellence in the practice of General Internal Medicine (GIM) through research, education, and advocacy for health promotion and disease management.

## **Vision**

We believe that General Internal Medicine in Canada plays a central role in the training of current and future clinicians, in clinical research, in patient care, in health promotion, and in health advocacy; and that it unites a body of knowledge, values, and principles of care that lay the foundation for excellence in the Canadian health care system.

## **Values**

We embrace the ethical and professional standards that are common to all healing professions, as well as the specific values of generalism, teamwork, competency-based training, life-long learning, evidence-based medicine, holism, and humane, patient-centered care.

## **CSIM CPD Subcommittee Vision**

*Our ultimate goal is to go beyond the simple transmission of information. Our goal is to make a lasting impact on the knowledge, skills and attitudes of clinicians and future clinicians; to narrow the theory to practice gap; to improve the health of all Canadians.*



**This program has received an educational grant from:**



**MD Financial  
Management**

