Annual Meeting / Congrès annuel
Program / Programme

The official CSIM Annual Meeting 2015 Mobile App is available as a free download in the Apple, Android, and Blackberry stores. Visit www.csim.ca or search “CSIM Meeting” in your app store to download and stay updated using this handy app!
WELCOME

In collaboration with the American College of Physicians, Atlantic Chapter, the CSIM Annual Meeting is an outstanding conference for clinicians, educators, researchers, and trainees in internal medicine. The meeting offers a diverse program of interactive workshops, short snappers, and plenary sessions that cover the most current topics and issues relevant to physicians in the field of General Internal Medicine. Ever-popular clinical vignettes and stimulating research presentations round out the program. The CSIM meeting is also a unique opportunity to network with colleagues from across Canada.

The focus of this year’s meeting is “GIM: Excellence in Hospital and Community Care.” As general internists responsible for delivering complex care to patients spanning the inpatient and ambulatory settings, issues of healthcare quality, patient safety, and stewardship of finite resources are core to our everyday practice. Throughout this year’s meeting, we will hear from internationally recognized researchers, educators, and clinicians. These presentations will open a dialogue about how we as general internists can lead in incorporating the best available evidence to deliver high quality care to our patients.

General Learning Objectives
- Maintain competence on a wide variety of up-to-date topics in General Internal Medicine
- Discuss hot new topics (both published and un-published) that have arisen since the last CSIM meeting
- Establish a network of general internist colleagues from both community and university settings
- Promote General Internal Medicine as a specialty to our residents in training

Continuing Professional Development (CPD)
The 2015 CSIM Annual Meeting is an educational event approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved for a maximum of 29.75 hours. As an accredited provider, CSIM has approved this program.

Through an agreement between the American Medical Association and the Royal College of Physicians and Surgeons of Canada, the Canadian Society of Internal Medicine has designated this live educational activity, “CSIM Annual Meeting”, for 29.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Mentoring Sessions
Take advantage of the mentoring sessions available throughout the meeting. These sessions will allow you to get one-on-one feedback and advice from experienced internists, including community-based and university-based clinicians, educators, and researchers. Sign up at the registration desk on-site.

Presentation Slides
Most CSIM Annual Meeting presentation slides will be available on the CSIM website shortly after the meeting! Check back to www.csim.ca for updates.

Meeting room temperatures can vary; Dressing in layers is suggested.

Show your badge and save!

Show your conference badge at participating businesses (visit csim.ca or the registration desk for a list) for a 10% discount offered exclusively to meeting attendees.

Program subject to change.
BIENVENUE

En collaboration avec American College of Physicians, Atlantic Chapter, le Congrès annuel 2015 de la Société canadienne de médecine interne (SCMI) se veut une tribune scientifique de haut calibre où seront examinés les sujets et les tendances d’actualité en médecine interne. Le programme propose des séances offrant de brefs aperçus sur divers sujets, des ateliers courts ou longs sur des aspects de la médecine interne générale, des symposiums et des séances de mentorat en privé. Le Congrès fera donc le point sur les principaux sujets d’intérêt pour les internists généralistes, sans compter qu’il prévoit de nombreuses activités sociales et possibilités de réseautage!

Cette année, le congrès est coiffé du thème de l’évolution de médecine interne générale. Les questions de qualité des services de santé, de sécurité du patient et d’optimisation des ressources sanitaires limitées sont au cœur de la pratique des internists généralistes qui ont pour tâche de prodiguer des soins complexes en milieu hospitalier comme en milieu ambulatoire. Des chercheurs, des éducateurs et des cliniciens de renommée mondiale viendront nous entretenir de ces sujets au congrès. Ces exposés stimuleront la discussion sur la place et l’importance de l’interniste généraliste comme promoteur de la prise en compte des données probantes les plus concluantes et des pratiques exemplaires dans le but d’offrir des soins et des services de santé sûrs et à la fine pointe.

Objectifs généraux
• Maintenir les compétences en actualisant les connaissances sur une vaste gamme de sujets à la fine pointe en MIG
• Examiner de nouveaux sujets d’actualité, qui ont fait l’objet de publications ou encore inédits, en émergence depuis le dernier congrès
• Établir un réseau de collègues internistes généralistes des milieux communautaire et universitaire
• Promouvoir la spécialité de la médecine interne générale auprès des médecins résidents

Développement professionnel continu (DPC)
Le Congrès annuel de la SCMI en 2015 est une activité éducative approuvée comme activité de formation collective agréée au titre de la section 1 de la charpente des options de développement professionnel continu conformément au programme de Maintien du certificat du Collège royal des médecins et chirurgiens du Canada. 25% de chaque présentation sera dévoué à une séance de questions/réponses. En tant que prestataire agréé, la SCMI a approuvé le programme du congrès.

En vertu d’un accord entre l’Association médicale américaine et le Collège royal des médecins et chirurgiens du Canada, la Société canadienne de médecine interne a attribué à cette activité pédagogique en direct, « Congrès annuel de la SCMI », pour 29.75 crédits de l’AMA-PRA de catégorie 1™. Les médecins doivent uniquement réclamer les crédits qui sont équivalents à la durée de leur participation à l’activité.

Séances de mentorat
Vous aurez le choix parmi les nombreuses séances de mentorat qui se dérouleront tout au long de la conférence. Des internists chevronnés, à savoir des cliniciens, des éducateurs, des chercheurs de milieu communautaire ou universitaire, vous offriront des conseils pertinents dans le cadre de rencontres individuelles. Inscrivez-vous au bureau d’inscription.

Diaporamas
La plupart des diaporamas présentés au congrès annuel paraîtront sur le site Web de la SCMI après le congrès. Consultez le site www.csim.ca pour connaître la date de diffusion exacte.

Comme la température dans les salles de réunion varie, veuillez penser à vous apporter un chandail.

Programme sous réserve de modifications.
### TUESDAY, OCTOBER 13

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Organizer</th>
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<tbody>
<tr>
<td>1830 – 2100</td>
<td>CSIM Council Meeting (closed)</td>
<td>Archibald</td>
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<td>1600 – 1900</td>
<td>REGISTRATION OPEN</td>
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### WEDNESDAY, OCTOBER 14

#### Breakfast on your own

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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>0700 – 0830</td>
<td>CSIM Education Committee Meeting (closed) (over breakfast)</td>
<td>Alexander Galt</td>
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<td>0730</td>
<td>REGISTRATION OPEN</td>
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<tr>
<td>0830 – 1200</td>
<td>GIM SKILLS SESSIONS <em>(Repeats three times; select 3 of 8)</em></td>
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<tr>
<td>1. Pulmonary Function Testing – Dr. Meredith Chiasson, Halifax</td>
<td>Palmer/Pope</td>
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<tr>
<td>• Interpret the common patterns seen on spirometry</td>
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<tr>
<td>• Diagnose asthma based on spirometry</td>
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<tr>
<td>• Use methacholine challenge appropriately</td>
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<tr>
<td>• Recognize when full PFTs are helpful</td>
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<tr>
<td>2. Level 3 Sleep Study Utilization and Interpretation</td>
<td>Cartier</td>
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<td>Dr. Nicole Drost, Summerside</td>
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<tr>
<td>• Review screening for sleep apnea</td>
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<td>• Review the data obtained from Level 3 sleep study</td>
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<tr>
<td>• Evaluate the benefits and limitations of Level 3 study</td>
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<tr>
<td>• Interpret cases with Level 3 studies and treatment</td>
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<tr>
<td>3. Ambulatory Blood Pressure Monitoring – Dr. Raj Padwal, Edmonton</td>
<td>Campbell</td>
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<tr>
<td>• Learn an approach to ABPM interpretation</td>
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<tr>
<td>• Understand the common ABPM patterns and their clinical significance</td>
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<tr>
<td>4. Graded EST and Non-invasive Stress Imaging – Dr. Sarah Ramer, Halifax</td>
<td>Brown</td>
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<tr>
<td>• Understand the indications for exercise stress testing</td>
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<tr>
<td>• Understand the limitations of exercise stress testing, particularly with respect to sensitivity and specificity in certain populations</td>
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<tr>
<td>• Describe the clinical situations in which a stress imaging study would be more appropriate</td>
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<tr>
<td>• Understand the limitations of stress imaging studies</td>
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<tr>
<td>• Gain a better understanding of what test to order in what patient based on case presentations</td>
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<td>5. Demystifying ECHO – Dr. Alex MacLean, Charlottetown</td>
<td>Steeves/McGee</td>
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<tr>
<td>• Relate the role and limitations of echocardiography for inpatient and outpatient care. This will include an update on recently released guidelines on grading left ventricular function, as well as the appropriate use of ECHO</td>
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<td>• Demonstrate through cases the role ECHO can play in the evaluation of common clinical problems and its contribution to the diagnosis of more uncommon disease</td>
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<td>6. Device Troubleshooting – Dr. Ratika Parkash, Halifax</td>
<td>Tilley</td>
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<tr>
<td>• Troubleshoot cardiac implantable electronic devices</td>
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<tr>
<td>• Recognize life threatening events with a cardiac implantable electronic device</td>
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<td>7. Endocrine Testing – Dr. Alice Cheng, Toronto</td>
<td>Tupper</td>
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<tr>
<td>• Investigate and manage a patient presenting with an incidental finding of an adrenal nodule</td>
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<td>• Investigate and manage a patient presenting with an incidental finding of a pituitary mass</td>
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<tr>
<td>• Investigate and manage a patient presenting with an incidental finding of a thyroid nodule</td>
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<td>8. Practical Approach to Bone Marrows – Dr. Mary-Margaret Keating, Halifax</td>
<td>Johnson</td>
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<tr>
<td>• Identify indications for bone marrow biopsy</td>
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<td>• Describe patient positioning and anatomic landmarks</td>
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<tr>
<td>• Explain troubleshooting techniques during bone marrow sampling</td>
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<td>• Utilize patient clinical data to appropriate order specific bone marrow laboratory tests</td>
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<td>• Interpret final bone marrow results in the context of patient care</td>
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Many sessions have live audience participation! Have your mobile device ready to share your opinion (please keep it on silent mode).

Visit the exhibits throughout the day and complete your passport for a chance to win your 2016 registration, or a gift card!
WEDNESDAY, OCTOBER 14 continued

1200 – 1300  
**LUNCH AND PRESENTATION**  
**Coles/Gray**  
**Chronic Disease Management in Disadvantaged Populations**  
*Dr. Marshall Chin, Chicago, Society of General Internal Medicine*  
*Chair: Dr. Stephen Hwang, Toronto*  
- Describe population health methods to improve diabetes care and outcomes for vulnerable populations integrating health care and community approaches  
- Discuss models for improving shared decision making with minority populations with multiple identities

1300 – 1600  
**EXTENDED WORKSHOPS (select 1 of 4)**  
**Steeves/McGee**

1. **OBSTETRICAL MEDICINE**
   - **Co-chairs: Dr. Nadine Sauvé, Sherbrooke and Dr. Michèle Mahone, Montréal**
   - **a. Subclinical Hypothyroidism in Pregnancy: A Controversy?** – *Dr. Evelyn Rey, Montréal*
     - Prescribe thyroid function tests for the appropriate patient at the appropriate time during pregnancy  
     - Choose the level of TSH for which Levothyroxine treatment is required  
     - Help the patient understand the risks and benefits of treating sub-clinical hypothyroidism for the mother and her fetus  
     - Follow thyroid function tests appropriately if treatment is started
   - **b. Advanced Maternal Age in Pregnancy: Risks for the Mother and the Fetus** – *Dr. Michèle Mahone, Montréal*
     - Perform a preconception consultation for an AMA woman (evaluate her health status and comorbidities that can have an impact)  
     - Counsel the AMA patient about maternal risks in pregnancy including preeclampsia, gestational diabetes, obstetrical risks and fetal risks
   - **c. Secondary Causes of High Blood Pressure in Pregnancy: When Should they be Suspected and Appropriate Investigative Approaches** – *Dr. Florence Weber, North York*
     - Identify clinical cues that suggest secondary causes of hypertension in pregnancy  
     - Investigate secondary causes of hypertension in pregnancy  
     - Interpret laboratory test results performed during pregnancy such as renin, aldosterone, cortisol and catecholamine levels
   - **d. Control of Blood Pressure in Pregnancy: How High is Too High?** – *Dr. Evelyn Rey, Montréal*
     - Explain and interpret the new data concerning treatment of hypertension in pregnancy  
     - Apply the new guideline taking into account the new data  
     - Evaluate the need of modifications in its own practice

2. **PERIOPERATIVE UPDATE** – *Dr. Amal Bessissow, Montréal; Dr. Emmanuelle Duceppe, Hamilton; Dr. Mathieu Touchette, Sherbrooke*
   - Perform a comprehensive preoperative cardiac risk evaluation and communicate this risk to the patient and surgeon  
   - Choose wisely cardiac tests, interventions and managing cardiac medications to prevent postoperative cardiac events  
   - Understand postoperative monitoring and management of cardiac events  
   - Manage common medical conditions and medications in the context of perioperative setting

What were your pearls of learning today? Tweet them!
#CSIM2015
EXTENDED WORKSHOPS continued (select 1 of 4)

3. CRITICAL CARE UPDATE – Dr. Marion Cornish, Kentville; Dr. Babar Haroon, Halifax; Tupper Dr. Tobias Witter, Halifax
   - Assess fluid status in a critically ill patient with and without US
   - Review current strategies of ARDS management
   - Integrate an approach to end of life discussions and decisions in the critically ill
   - Learn about the internist’s role in the management of abdominal compartment syndrome and trauma management
   - Receive an update of new developments in ICU care

4. THREE THINGS NOT TO MISS
   Palmer/Pope
   a. Nephrology: Dr. Bruce Jones, Charlottetown
      - Appreciate the limitations of anticoagulation in atrial fibrillation patients with CKD
      - Accurately assess renal function to minimize overestimation of renal clearance
      - Identify abdominal compartment Syndrome as a recognized risk for developing acute renal failure
   b. Respirology: Dr. Meredith Chiasson, Halifax
      - Identify and start initial management of drug induced interstitial lung disease
      - Identify and start initial management of immunocompromised patients with opportunistic infections
      - Identify and start initial management of pulmonary embolisms, submassive with RV strain
   c. Endocrinology: Dr. Mary Cath MacSween, Moncton
      - Differentiate between types 1, 2 and 3 in the younger patient with newly diagnosed, decompensated diabetes
      - For Stage I Papillary Thyroid cancer, understand the risk of overdiagnosis, and determine who really should have completion thyroidectomy and remnant radiiodine ablation
      - Be able to identify adrenal disease – Addisons and Cushing’s – before it is a crisis

1555
WELCOMING REMARKS – Dr. Benjamin Chen, Toronto
   Palmer/Pope

1600 – 1700
OPENING PLENARY: Promoting Generalism in the Maritimes
   Palmer/Pope
   Dr. David Anderson, Halifax
   Chair: Dr. Patrick Bergin, Charlottetown
   - Discuss the roles of and opportunities for general internists in academic and community settings in Canada
   - Discuss the GIM subspecialty training program implications based on these opportunities for general internists in Canada

1700 – 1800
Top 5 Papers by Canadian General Internists in the Past Year
   Palmer/Pope
   Dr. Finlay McAlister, Edmonton
   Chair: Dr. Lenley Adams, Charlottetown
   - Review studies published in the past year of relevance to general internists
   - Highlight accomplishments of general internists in health research

1800 – 1900
WELCOME RECEPTION
   Foyer

1930 – 2030
Health Promotion Committee Meeting (closed)
   Dickie Room

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THURSDAY, OCTOBER 15

0645 – 0730  Fun Run/Walk  
Meet your colleagues in the lobby and explore Charlottetown!

0700 – 0745  CSIM Research Committee Meeting (closed)  
Dickie Room

0730 – 0900  BREAKFAST AND TOP FIVE PAPERS – Dr. Stephen Hwang, Toronto  
Coles/Gray
Chair: Dr. Patrick Bergin, Charlottetown
- Summarize the findings of five top papers published in 2015 that are highly relevant to GIM
- Critique the strengths and limitations of the papers using the principles of evidence-based medicine
- Interpret the implications of these papers for one’s own clinical practice

0900 – 1145  GIM RESEARCH SUMMIT  
Henry
Chairs: Dr. Anita Palepu, Vancouver and Dr. Fahad Razak, Toronto
This session will convene a number of Canada’s GIM researchers for enriching strategic discussion around the “research enterprise” in Canadian GIM. Presentations will address the scope of research being conducted by Canadian GIM researchers, human capacity development for research, and shared strategies for optimizing knowledge mobilization to positively impact health and health care.
- Share in a unique national networking opportunity for GIM researchers
- Share information (through two didactic presentations) about existing and potential new multi-university collaborative opportunities
  ◊ Canadian Research into Medical Obstetrics: Womb for Growth? – Dr. Emily Gibson McDonald, Montreal
  - What is research in medical obstetrics and why is it relevant?
  - Who are the leading Canadian researchers in medical obstetrics and who should you be collaborating with?
  - What were the major findings in medical obstetrics this past year and what questions remain unanswered?
  ◊ Perioperative – Dr. Amal Bessissow, Montreal
  - Discuss recent research in perioperative medicine
  - Review why internists should be pursuing research in perioperative medicine
  - Understand how internists can lead perioperative medicine research
- Participate in breakouts discussing capacity, KT approaches, and opportunities in a variety of notable GIM research areas:
  ◊ Perioperative Medicine
  ◊ Obstetrical Medicine
  ◊ Choosing Wisely
  ◊ Population Health and Health Equity

0900 – 1145  CONCURRENT MENTORING SESSIONS (Sign up at the CSIM registration desk)  
Get one-on-one feedback and advice from experienced internists!

Apply for a grant through the CSIM Education and Research Fund
- Encourage residents to pursue careers in both community and university-based General Internal Medicine (GIM) to do an elective at another Canadian site to pursue a scholarly activity in medical education, clinical research project or QI project.
- Encourage the development of GIM (community and university-based) as a specialty by facilitating scholarly activity, knowledge exchange and pursuit of new knowledge.
- Open to CSIM Full Members and Residents Associates.

Visit www.csim.ca to apply by November 2, 2015.
**THURSDAY, OCTOBER 15  continued**

### CONCURRENT WORKSHOPS (Repeats three times; select 3 of 10)

**W01. Evaluation & Management of Pituitary Failure – Dr. Ali Imran, Halifax** Cartier
- Have a diagnostic approach to pituitary hormonal dysfunction
- Understand common pitfalls in interpreting pituitary hormonal assessment and how to avoid overinvestigating patients with suspected pituitary failure
- Know the basics of pituitary replacement therapy and how to adjust it

**W02. Insulin Pumping for the Generalist – Dr. Mary Cath MacSween, Moncton** Campbell
- Evaluate who is a good candidate for pump therapy and what skills they need master before the pump start
- Counsel patients on the pros and cons of various pump brands
- Trouble shoot insulin pump issues in hospitalized patients
- Recognize which pump patients should transition back to injections of insulin

**W03. Critical EKG Patterns that are Hard to Remember – Dr. John Sapp, Halifax** Palmer/Pope
- Recognize important EKG findings
- Recognize high risk features on EKGs

**W04. Interesting Cases from a Personalized Medicine Consultation Service** Tilley
*Dr. Richard Kim, London*
- Describe the experience from implementing a pharmacogenomics-based personalized medicine consultation service through case examples
- Demonstrate the feasibility, clinical benefit, relevance, and cost-effectiveness of utilizing a personalized medicine approach, rather than an iterative or shotgun approach to the care of real-world IM patients

**W05. PH or PAH? A Case-Based, Internist-Relevant Primer for Recognition and Initial Identification of Pulmonary Hypertension Requiring Specialized Treatment** Archibald
*Dr. Simon Jackson, Halifax*
- Define PAH, and the WHO classification of PH
- Clinically identify patients likely to have PAH
- Select the appropriate investigations to differentiate PAH from all cases of PH

**W06. Post-op Pitfalls: Hemodynamics and Oxygenation on the Surgical Floors** Tupper
*Dr. PJ Devereaux, Hamilton*
- Assess and manage the patient who develops a clinically important hypotension on the surgical floors
- Make the best use of the information gathered through the monitoring systems

**W07. Minimally Invasive Cardiac Surgery: Maritime 2015 Options** J.H. Gray
*Dr. Marc Pelletier, Saint John (Note: only available for the third timeslot: 1100 - 1145)*
- Understand the changing landscape of minimally invasive cardiac surgery
- Summarize surgical options that exist in eastern Canada
- Know indications and benefits of minimally invasive cardiac surgery

**W08. Thrombophrophylaxis for Placental Complications: Perspectives in 2015** Steeves
*Dr. Nadine Sauvé, Sherbrooke*
- Use appropriate thrombophilia work-up for women at risk of placental complications
- Identify patients that could benefit from thromboprophylaxis to prevent placental complications

**W09. Nuclear Medicine of the 21st Century: See Beyond Borders** Langevin
*Dr. Khun Visith Keu, Laval*
- Integrate new hybrid imaging in the management of patients with fever of unknown origin or bacteremia with unknown foci
- Choose wisely the most effective imaging study for chest pain and back pain
- Consider nuclear medicine for diagnosis and treatment of neuroendocrine tumors

**W10. Am I Connected? – Dr. Rahim Kachra, Calgary** McGee
- Leverage your smartphone to maximize access to medical information
- Integrate into a larger learning community using Twitter
### Thursday, October 15 (continued)

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<th>Time</th>
<th>Event Description</th>
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| 1145 – 1315| **Lunch and GIM Faculty Research Showcase and CSIM Awards Presentations**  
Chair: Gabriel Fabreau, Calgary  
“A Study of Severe Chronic Energy Deficiency in 60 Low and Middle Income Countries” – Dr. Fahad Razak, Toronto  
- Review the definition of severe chronic adult undernutrition and the impact of this condition on productivity, morbidity and mortality  
- Describe the burden of severe chronic undernutrition in low and middle income countries  
“Developing and Evaluating The Rounds Table Podcast for Medical Education in General Adult Medicine” – Dr. Amol Verma, Toronto  
- Recognize the growing role of online media in medical education  
- Understand how to develop a podcast for internal medicine education  
- Appreciate the challenges in evaluating the educational impact and effectiveness of online media | Coles/Gray                   |
| 1315 – 1400| **CSIM/Royal College Osler Lecture** – Dr. James Nishikawa, Ottawa  
Chair: Dr. Benjamin Chen, Toronto | Palmer/Pope                  |
| 1400 – 1445| **Keynote Address: The Beauty and Boundaries of Research**  
Dr. David Sackett Senior Investigator Award Winner 2015 – Dr. Stephen Hwang, Toronto  
Chair: Dr. Benjamin Chen, Toronto  
- Reflect on how one might find (or stumble upon) a career path in research  
- Appreciate the allure of research in general internal medicine  
- Understand the limits of research, and why these limits are relevant to our lives as general internists | Palmer/Pope                  |
| 1445 – 1500| Networking Break and Viewing of Exhibits |                             |
| 1500 – 1630| **Short Snappers** – Chair: Dr. Patrick Bergin, Charlottetown  
1. *Fragility Index: Beyond the P Value* – Dr. PJ Devereaux, Hamilton  
   - Calculate a fragility index  
   - Understand how P values and 95% CIs can mislead  
   - Appreciate how small changes in trial results can substantially impact results  
2. *Atrial Fibrillation Ablation: Not for Everybody* – Dr. John Sapp, Halifax  
   - Recognize patients most likely to benefit from catheter ablation for atrial fibrillation  
   - Identify features that suggest higher risk or lesser benefit from catheter ablation for atrial fibrillation  
3. *TAVI: The Real Deal* – Dr. Marc Pelletier, Saint John  
   - Describe the properties of direct oral anticoagulants  
   - Identify the risks of periprocedural thromboembolism  
   - Identify the risks of periprocedural bleeding  
   - Understand current evidence for periprocedural management of direct oral anticoagulants | Palmer/Pope                  |

What changes will you make in your practice as a result of attending a session? Tweet about it!  
#CSIM2015
**THURSDAY, OCTOBER 15 continued**

**1500 – 1630**
**CSIM / Professors of Medicine (CAPM) – Poster Competition**
*Foyer*
Browse the research and quality improvement posters!

**1645 – 1845**
**CSIM / Professors of Medicine (CAPM) Awards for Postgraduate Research and Quality Improvement Competition – Oral Presentations**
*(Poster and Oral winners to be announced and tweeted at the end of this session)*
*Chair: Dr. Fahad Razak, Toronto*

- Recite updates on current research in the field of general internal medicine
- Apply QI methodology to the care of internal medicine patients

**Research Presentations**

- “Risk of suicide following a concussion” – *Michael Fralick, University of Toronto*
- “Care and Outcomes of Cancer Patients Admitted to Hospital on Weekends and Holidays” – *Lauren Lapointe-Shaw, University of Toronto*
- “High prevalence of benzodiazepine and sedative hypnotic prescription for elderly inpatients in an academic medical centre” – *Elisabeth Pek, McMaster*
- “Teaching residents how to effectively prescribe nicotine replacement therapy on the Clinical Teaching Unit” – *Shannon Riley, McMaster*
- “Diagnosis and emergency department length of stay in internal medicine patients: A cross-sectional, retrospective study” – *Allen Tran, Dalhousie University*
- “Impact of admission urinalysis among general internal medicine Patients” – *Penny Yin, University of Toronto*

**Quality Improvement Presentations**

- “The TIMES (Time to Initiation of Antibiotic Therapy in Medical Patients presenting to the Emergency Department with Sepsis) Project – Preliminary Findings” – *Andrea Blotsky, McGill University*
- “Optimizing access to Holter monitoring on a Stroke unit” – *Shazia Malik, University of Toronto*

**1900**
**INTEREST GROUPS GATHER!** Join your colleagues over an informal dinner at a local restaurant to discuss items of interest (dinner cost not included).

- ◊ **Modelling Health in our Communities**
  *Facilitator: Dr. Bert Govig, Amos*
  *Old Triangle Pub (189 Great George Street)*

- ◊ **Women in Medicine - A Spectrum of Physicians**
  *Facilitator: Dr. Heather Clark, Ottawa*
  *Old Triangle Pub*

- ◊ **Serving Rural and Remote Canadians**
  *Facilitator: Dr. Amy Hendricks, Yellowknife*
  *Old Triangle Pub*

- ◊ **Crafting a Career in Academic Medicine**
  *Facilitator: Dr. Stephen Archer, Head of Medicine at Queen’s University, President, Canadian Association of Professors of Medicine*
  *Water’s Edge Resto Grill (onsite at the Delta)*

**FRIDAY, OCTOBER 16**

**0645 – 0730**
**Fun Run/Walk**
Meet your colleagues in the lobby and explore Charlottetown!

**0700 – 0800**
**CSIM Membership Committee Meeting (closed)**
*Dickie Room*

**0700 – 0800**
**NETWORKING BREAKFAST AND VIEWING OF EXHIBITS**

**0800 – 0900**
**Don’t Drop the Baton: Improving Handover Communication from the CMPA’s Perspective – Dr. Janet Nuth, Ottawa**
*Chair: Dr. Lenley Adams, Charlottetown*

- Describe medico-legal risks associated with poorly performed handovers
- Name three barriers to performing effective handovers
- Identify five strategies for improving handover communication
### FRIDAY, OCTOBER 16 continued

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 0800 – 0900 | **CJIGM Editorial Board Meeting (closed)**  
Dickie Room |
| 0900 – 1000 | **SHORT SNAPPERS – Chair: Dr. Lenley Adams, Charlottetown**  
**Palmer/Pope**  
1. Impact of Childhood Trauma on Adult Diseases – Dr. Steve Workman, Halifax  
   - Identify when to screen for adverse childhood experiences as determinants of health for adults with chronic health care issues  
   - Perform a limited assessment for adverse childhood experiences  
   - Understand the impact of adverse childhood experiences on adult health  
2. Malaria: Significance of Parasite Burden – Dr. Greg German, Charlottetown  
   - Review the clinical features of severe malaria focusing on parasite burden  
   - Recognize what immediate assistance is available directly or indirectly for the management of your patient  
   - Describe the morbidity, mortality and cost of untreated HCV  
   - Summarize the efficacy of new HCV antiviral drugs  
   - Describe an optimal model of care for HCV eradication  
4. Toxicities of Newer Diabetic Agents – Dr. David Juurlink, Toronto  
   - Review oral diabetes medications and how they work  
   - Discuss potential adverse effects of these drugs and their management |
| 1000 – 1030 | **Networking Break and Viewing of Exhibits** |
| 1030 – 1200 | **Changing Landscape of GIM Training in Canada: Round Table Discussion**  
Sir John A MacDonald  
Dr. Amy Hendricks, Yellowknife; Dr. Sharon Card, Saskatoon; Dr. Rodrigo Cavalcanti, Toronto  
Bring together General Internists from diverse settings with the GIM Program Directors and the GIM Specialty Committee to develop consensus on the following:  
   ◊ What procedural skills are needed for a graduate of a GIM program to practice anywhere in Canada?  
   ◊ What procedural skills training should be offered in GIM training programs? Which skills should be mandatory, which selective and which elective?  
   ◊ Develop a consensus document that will be used by the GIM Specialty Committee as Competence by Design rolls out in 2016 on procedural skills training needs.  
**Objectives:**  
   - List which procedures in which all GIM graduates should be competent  
   - List which procedures in which GIM residency programs should be able to provide training |
| 1200 – 1315 | **LUNCH AND KEYNOTE ADDRESS: The Internist as the Quarterback of High-Value Healthcare – CSIM New Investigator Award Winner 2015, Dr. Todd Lee, Montréal**  
Chair: Dr. Peter Cram, Toronto  
- Describe how research, education and clinical practice can align to optimize the use of health care resources  
- Illustrate how application of the key concepts of high-value care can improve outcomes while also reducing waste  
- Demonstrate how general internists are uniquely positioned to take the lead in this emerging area |
| 1315 – 1550 | **CONCURRENT MENTORING SESSIONS (Sign up at the CSIM registration desk)**  
Get one-on-one feedback and advice from experienced internists  
**Browse the posters throughout the meeting!**  
#CSIM2015 |
CONCURRENT WORKSHOPS (Repeats three times; select 3 of 11)

W11. Geriatric Insomnia and other Inpatient Pharmacologic Tips and Tricks
Dr. Melissa Andrew, Halifax
- Develop a differential diagnosis for sleep problems among older adults
- Discuss management strategies tailored to the factors which are contributing to an older patient's sleep difficulties
- Understand the evidence on pharmacologic treatment of insomnia in older patients
- Review general principles of inpatient geriatric care, including five key things which should be addressed within 48 hours of admission (48/5 initiative)

W12. Renal Senescence and Associated Electrolytes Abnormalities
Dr. Derek Chaudhary, Charlottetown
- Identify structural and functional age-related changes of the kidneys
- Review key age-related changes in renal physiology which predispose elderly to developing electrolyte abnormalities
- Develop strategies to prevent and treat electrolyte abnormalities in elderly patients

W13. Top Drug Interactions on Inpatient Medicine – Dr. David Juurlink
• Understand some basic concepts related to drug interactions
• Discuss some potentially lethal drug interactions in a case-based format
• Avoid serious drug interactions

W14. Key Inpatient Safety Issues – Dr. Christine Soong, Toronto
• Apply a safety framework in root cause analysis of safety issues and near-misses.
• Review strategies to improve safety for inpatients
• Recognize common pitfalls of improvement projects

W15. CMPA-Think Before You Click: Medicolegal Risks with Social Media
Dr. Janet Nuth, Ottawa
• Summarize the medico-legal risks that must be considered when using social media
• Outline the best practices regarding the use of social media in your learning and practice

W16. When a “Stroke” is Not a Stroke – Dr. Gordon Gubitz, Halifax
• Review the most common conditions that can mimic stroke in the acute setting
• Understand how elements of the neurological history and physical examination may help in sorting out real strokes from stroke mimics

W17. Emerging Hospital Organisms / Infections – Dr. Gordon Dow, Moncton
• Summarize the epidemiology of emerging hospital organisms in Canada
• Describe optimal infection control measures for multidrug resistant gram negative rods, MRSA, VRE and C. difficile
• List the empiric antimicrobial class of choice for multidrug resistant gram negative rods, MRSA, VRE and C. difficile

W18. Antibiotic Stewardship: A Successful Community Hospital Venture
Dr. Greg German, Charlottetown
• Discover how a culture of antibiotic safety on PEI was developed and is maintained
• Explore what is done regionally on antimicrobial stewardship and discuss how an organization can meet accreditation required practices on limited resources
• Understand some of the programs and activities that are taking place for Antibiotic Awareness week in mid-November and what you can do to promote awareness locally

• Review the steps required before starting a patient on biologic therapy
• Identify class and drug-specific potential adverse effects
• Employ strategies regarding vaccinations and pre-operational management of biologic medications

W20. Paraproteinemias: Across the Spectrum – Dr. Darrell White, Halifax
• Be familiar with the DDx associated with paraproteinemia
• Establish and approach to investigation, potential treatment and/or referral
• Discuss an internist's role in management

W21. Common Congenital Heart Disease Problems: What the General Internist Should Know About Newly Identified ASD's, PFO's and Bicuspid Valves – Dr. Simon Jackson, Halifax
(Note: NOT available for the third timeslot)
• Reassure and discharge patients who no longer require care or follow up
• Appropriately identify and follow up patients in need of ongoing surveillance
• Select and refer patients who may require specialized intervention
FRIDAY, OCTOBER 16 continued

1600 – 1645  ACP GOVERNOR’S LECTURE  

*Medicine as a Profession and the Concept of Professionalism: A Brief History*  
Dr. Jock Murray, Halifax  
Chair: Dr. Ford Bursey, St. John’s  
- Understand the history of how medicine developed as a profession  
- Understand how the concept of professionalism developed

1650 – 1800  CSIM Annual General Meeting *(CSIM Members only)*

1900 – 2100  Join us for a traditional Maritime Kitchen Party with renowned PEI seafood! *(Offsite. Tickets to be purchased; see page 19 for details.)*

SATURDAY, OCTOBER 17

**CLINICAL POSTERS AVAILABLE FOR VIEWING ALL DAY**

*Breakfast on your own*

0645 – 0730  Fun Run/Walk  
Meet your colleagues in the lobby and explore Charlottetown!

0700 – 0745  ACP Canadian Chapters Annual General Meeting of Members *(ACP members only)*  
Chair: Dr. Ford Bursey, St. John’s

0800 – 0900  Physician Burnout: Just Around Every Corner – Dr. Craig Gosse, Halifax  
Chair: Dr. Patrick Bergin, Charlottetown  
- Understand the definition of burnout  
- Recognize signs and symptoms of burnout in oneself  
- Be aware of risk factors for burnout and to take action to minimize one’s risk for burnout  
- Be familiar with appropriate actions to take in the event of burnout

0900 – 1000  Choosing Wisely Update  
Dr. Todd Lee, Montreal; Dr. Emily Gibson McDonald, Montreal; Dr. Jerome Leis, Toronto  
Chair: Dr. Christine Soong, Toronto  
- Consider the role of internists in leading and implementing CSIM’s Top 5 Choosing Wisely Canada recommendations  
- Review successful strategies in reducing unnecessary urinary catheters and blood transfusions on GIM inpatient wards

1000 – 1015  Networking Break and Viewing of Exhibits
### SHORT SNAPPERS

**Chair:** Dr. Patrick Bergin, Charlottetown

1. **Management of the Anticoagulated Bleeding Patient** – Dr. Elizabeth Zed, Saint John
   - Review the mechanism of action of commonly used anticoagulants
   - Develop a generalized approach to managing the anticoagulated bleeding patient
   - Develop strategies to reverse specific anticoagulants, including antidotes when available

2. **Key Items Not to Miss by the Internist on Neurologic Assessment** – Dr. Gordon Gubitz, Halifax
   - Identify subtle but common neurological findings that are often missed on the physical examination
   - Relate these subtle neurological findings to relevant neuro-anatomical structures

3. **Thrombolysis of Submassive Pulmonary Embolism** – Dr. Elizabeth Zed, Saint John
   - Define “submassive pulmonary embolism”
   - Cite evidence for thrombolytics in this patient population
   - Understand the risks and potential benefits of using thrombolytics in submissive pulmonary embolism

4. **Apps, Apps, and More Apps** – Dr. Rahim Kachra, Calgary
   - Explore opportunity areas where smartphone applications can supplement clinical practice
   - Learn how to integrate smartphone applications into daily practice

### NETWORKING LUNCH AND VIEWING OF EXHIBITS

1200 – 1300

**Ted Giles Clinical Vignettes** – Chair: Dr. Donald Echenberg, Sherbrooke

- Describe unusual presentations of common diseases and common presentations of rare diseases
- Become familiar with the characteristics of engaging and educational case presentations
- "Multi-organ failure from fulminant Leptospirosis: A case report" – Karan Bami, University of Ottawa
- "Blame it on the hormones" – Vincent Larouche, McGill University Health Centre
- "Duodenal Erosion from Aortobifemoral Graft as source of Polymicrobial Bacteremia" Jean-Frederic Leblanc, McGill University
- "May-Thurner Syndrome treated with catheter directed thrombolysis and stenting" Adam Mazzetti, McMaster University
- "A zebra’s hoofbeats: An uncommon cause of overt obscure gastrointestinal bleeding" Sean O’Loghlen, Queen’s University Department of Medicine
- "When resolution isn’t reassuring – a case of fluctuating serum eosinophilia in a patient with eosinophilic endomyocarditis" – Erin Spicer, Western University
- "Dabigatran toxicity and clearance with hemodialysis." – Dorothy Thomas, University of Saskatchewan
- "Just what the doctor ordered" – Peter Wu, University of Toronto
- "Non-infectious manifestations of disseminated tuberculosis: Case report and discussion on its inflammatory and autoimmune phenomena." – Penny Yin, University of Toronto
- "Calm before the storm: Cholesterol Pericarditis in Rheumatoid Arthritis" – Nadil Zeiadin, Queens University

Winners will be announced and tweeted immediately following the presentations.

### Closing Remarks

**Dr. Benjamin Chen, Toronto**

1515 – 1520

### CSIM Annual Meeting Committee Debriefing (closed)

1530 – 1630

Please complete your daily evaluation forms! Use the app, visit [www.csim.ca](http://www.csim.ca) or through the daily email.
We look forward to seeing you next year in Montreal, October 26-29, 2016.

Tweet key points of learning!

#CSIM2015
CSIM Annual Meeting 2015 Faculty List

David Anderson, Halifax
Melissa Andrew, Halifax
Volodko Bakowsky, Halifax
Amal Bessissow, Montréal
Sharon Card, Saskatoon
Rodrigo Cavalcanti, Toronto
Derek Chaudhary, Charlottetown
Alice Cheng, Toronto
Meredith Chiasson, Halifax
Marshall Chin, Chicago
PJ Devereaux, Hamilton
Gordon Dow, Moncton
Nicole Drost, Summerside
Emmanuelle Duceppe, Hamilton
Greg German, Charlottetown
Craig Gosse, Halifax
Gordon Gubitz, Halifax
Babar Haroon, Halifax
Amy Hendricks, Yellowknife
Stephen Hwang, Toronto
Ali Imran, Halifax
Simon Jackson, Halifax
Bruce Jones, Charlottetown
David Juurlink, Toronto
Rahim Kachra, Calgary
Mary-Margaret Keating, Halifax
Khun Visith Keu, Laval
Richard Kim, London
Todd Lee, Montréal
Jerome Leis, Toronto
Alex MacLean, Charlottetown
Mary Cath MacSween, Moncton
Michèle Mahone, Montréal
Finlay McAlister, Edmonton
Emily Gibson McDonald, Montréal
Jock Murray, Halifax
James Nishikawa, Ottawa
Janet Nuth, Ottawa
Raj Padwal, Edmonton
Ratika Parkash, Halifax
Marc Pelletier, Saint John
Sarah Ramer, Halifax
Evelyn Rey, Montréal
John Sapp, Halifax
Nadine Sauvé, Sherbrooke
Christine Soong, Toronto
Mathieu Touchette, Sherbrooke
Florence Weber, North York
Tobias Witter, Halifax
Darrell White, Halifax
Steve Workman, Halifax
Elizabeth Zed, Saint John

Thank you to our 2015 speakers!

On behalf of each speaker, the CSIM is proud to support The Upper Room Hospitality Ministry, PEI's central food bank. Visit www.urhm.org.
Poster Presentations  Browse the posters in the Harbourview Foyer!

Thursday, October 15

Research Posters
CHAN, Lauren - Evaluation of the mediation reconciliation process and patient compliance with prescribed medications after hospital discharge
COKE, Sarah - Northern Perspectives on Medical Elective Tourism: Creating a curriculum for medical students and residents traveling to Northern communities
FRALICK, Michael - Evaluation of a smartphone app: impact on knowledge and confidence in prescribing antibiotics
GENTILE, Brenda - GIM at a Crossroads: Exploring the Role of Academic General Internists
GUPTA, Nandini - Practice makes perfect: the introduction of high fidelity mock code blue simulations at The Ottawa Hospital, an interim summary
HUGEL, Nicole - Curriculum mapping: Using structured resident input to map objectives covered outside of formal clinical teaching in a core internal medicine program
KOIFMAN, Julius - The association between rural residence and stroke care and outcomes
LEEN, Jessica - Lipophilic statins and the risk of suicide: A population-based study
LEONG, Jessica - Learning to Interpret ECGs: A Meta-Analysis
MARTIN, Leslie - Goals of care discussions with hospitalized patients: the role of allied health providers in these discussions and perceived barriers
MEHTA, Rahul - Use of an app to provide clinical decision support for COPD, asthma and hypertension guidelines at point of care
PETERS, Tricia - Exploring the diabetic divide: burden of non-traditional cardiovascular risk factors among diabetic women presenting with premature acute coronary syndrome, the GENESIS-PRAXY cohort
PIGGOTT, Katrina - Important barriers to goals of care discussions with patients from the perspective of oncologists and oncology nurses
THERIAULT, Theophile - Validation of thromboprophylaxis adherence to the ninth edition of American College of Chest Physicians antithrombotic guidelines at the Sherbrooke University Hospital Center
THOM, Jessica - Level of intervention policy compliance amongst admitted internal medicine patients: A quality improvement benchmark study
WONG, Shannon - Patient satisfaction with hospital discharge and post-discharge care
YARNELL, Christopher - Hospital Readmissions Following a General Medicine Call Change

Quality Improvement Posters
AHMAD, Omar - The effect of type-2 diabetes on bone mineral density: a Mendelian randomization study
CHICK, Genevieve - A retrospective review of admission versus discharge diagnoses on CTU
CHUGH, Shaan - Understanding thirty-day readmission to the internal medicine service: a pilot study
COLIZZA, Kate - Improving alcohol consumption history taking on the Medical Teaching Unit: current practices and use of the AUDIT questionnaire
ELBAZ, Carolyne - A critical care “crash course” improves first year internal medicine residents’ comfort with intensive care medicine
FERNANDES, Nisha - Informed discharge: an assessment of patient knowledge and perspectives
GUPTA, Shupa - Catheter-associated urinary tract infections after implementation of an indwelling foley catheter protocol
MALAN, Yogita - The Montreal General Hospital Clinical Teaching Units Newsletter
PHANEUF, Maude - Use of a standardized checklist for patients at high risk of readmission: a strategy to reduce readmission in clinical teaching unit (CTU) at the Centre Hospitalier de l’Université de Montréal (CHUM)
SPEVACK, Rachel - Structural barriers limit the effectiveness of patient handover
SPICER, Erin - Use of 'Driver Diagrams' to identify barriers to safe and efficient discharges from the Clinical Teaching Unit
SYLVAIN, Josée - Goals of care discussions and documentation
Poster Presentations

Friday, October 16 and Saturday, October 17

Clinical Posters

ALI, Tooba - Intermittent hemoglobinuria: A lesson in mechanical mitral valve dysfunction
ANTIPEROVITCH, Pavel - Suspected Non-Bacterial Endocarditis in a Patient with Prostate Cancer
BRUNET, Stella - Have you met SAM?
CARRUTHERS, Martha - Metformin associated lactic acidosis: a rare but serious complication
CHICK, Genevieve - Severe infective endocarditis with Bacteroides fragilis involving the chordae and mitral valve
COX, Conor - Shake and Bake - Hyperkinetic Movement Disorders
HOLYOKE, Jennifer - An unusual case of EGPA
HUGEL, Nicole - From the golf course to a wheelchair: A case of infiltrative cardiomyopathy causing progressive dyspnea
JASWAL, Gurpreet - Rare case of leptomeningeal disease and subcutaneous plasmacytomas in multiple myeloma
JONES, Emily - An atypical case of HACEK infective endocarditis
KHANDELWAL, Aditi - A case of unusually long lag time between Diffuse Large B-Cell Lymphoma (DLBCL) development and Immunotactoid Glomerulonephropathy (ITG) diagnosis
KOPPIKAR, Sahil - A Wolf in Sheep’s Clothing: Anderson-Tawil Syndrome. A rare cause of common ventricular arrhythmias
LEEN, Jessica - Bullous sarcoidosis: Special considerations
MALAN, Yogita - Marine-Lenhart syndrome: a potential complication of radiiodine therapy for toxic nodular goiter
MCCALLUM, Caitlin - M. chelonae chemovar niacinogenes bacteremia in a patient taking Infliximab: A rare complication in patients taking TNF-α inhibitors
MOULSON, Nathaniel - A case of Neuroleptic Malignant Syndrome associated with Hypernatremia
MUSTAPHA, Noura - A case of acute liver failure in a patient having Adult Onset Still's Disease
O’LOGHLEN, Sean - Adventitial cystic disease of the femoral vein: A rare mimic of deep venous thrombosis
PALANCHUCK, Steven - Closed Cases?
RASHIDI, Babak - Got milk (alkali)?
RUZYCKI, Shannon - The invasive liver abscess syndrome presenting as septic arthritis
SAROLI PALUMBO, Chiara - Spring Fever
SHARMA, Nishant - ALCAPA Syndrome: extra-cardiac left to right shunt inducing coronary steal and acute coronary syndrome
SPEVACK, Rachel - A pointed encounter: the gibbus
TURI, Genevieve Jody - A complex presentation with a sugar-coated ending
WOO, Matt - Primary diffuse large B-Cell lymphoma of the urinary bladder
ZHANG, James - Get it on time: a case of Parkinsonian fever

Submissions and contributions to the Canadian Journal of General Internal Medicine are welcomed. Please forward your submissions to rsimpson@andrewjohnpublishing.com. Visit csim.ca/csims-journal/index.php/csim to view current and past issues online.

La Revue vous ouvre ses pages, c’est votre revue après tout !
Veuillez transmettre vos articles à rsimpson@andrewjohnpublishing.com.
Visitez csim.ca/csims-journal/index.php/csims pour visioner les voir numéros de magazines actuels et passés en ligne.
### Registration Fees / Frais d’inscription

*Note that PEI HST (14%) is applicable to all fees. Notez que la TVH IPE (14%) s’ajoute à tous les frais.*

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**Kitchen Party Dinner Ticket⁵**                  | $75                         | $75                    |

¹ To obtain the CSIM member rate, your membership dues must be paid in full. If dues payment is not received, you are required to pay the non-member rate.
² Physicians may apply $250 of this registration fee towards a 2015/2016 CSIM Full Membership if a completed membership application accompanies this registration form. Contact the CSIM Office for additional details.
³ All corporate representatives must complete a registration form. Individuals representing corporate sponsors beyond any complimentary registration limit must submit payment with their registration form. Corporate representatives cannot be registered as guests. Space in workshops is limited. If workshop still has space, corporate representatives/exhibitors may attend. Priority is to be given to physician delegates. Corporate registration and badges are non-transferable.
⁴ Spouse/Guest/Children fee includes provided breakfasts, lunches and nutrition breaks. Conference sessions are NOT included. Kitchen Party is NOT included (tickets can be purchased). Guests or spouses wishing to attend workshops must register as delegates. Guests who are physicians and planning on attending sessions must register in a physician category.
⁵ Registration is limited; additional fee applies.

Visit [www.csim.ca](http://www.csim.ca) or the CSIM Registration Desk to register

Cancellation policy: Registration cancellation must be received in writing to the CSIM Office. By September 16: 100% refund (less a $50 administration charge). By September 30: 50% refund (less a $50 administration charge). No refunds will be provided after September 30, 2015. Registrations cannot be transferred.

Kitchen Party tickets may be cancelled for a 100% refund by Sept 30, 2015. No refunds will be provided after Sept 30, 2015.

Dietary Requirements: While we will try our best to accommodate all requests, registrants and guests are responsible for ensuring that their special dietary needs are met. Additional costs incurred may apply.

*Pour la version française, veuillez contacter [info@csim.ca](mailto:info@csim.ca).*

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18
Maritime Kitchen Party
Friday, October 16, 2015 · 1900h
Confederation Centre of the Arts

145 Richmond Street, Charlottetown
A short walk from the Delta.

Directions: Exit the Delta, head right on Queen Street for 400 meters.
The CCOA will be on the right.

Join your colleagues for food and fun the PEI way!
Famous PEI seafood and unique tunes from the Maritimes will delight your senses.

To start
Pasta with Sun Dried Tomato and Pesto Dressing
Mixed Green Salad with Assorted Dressings
Salt and Vinegar Potato Salad
Coleslaw
Seafood Chowder

Entrées
Slow-Braised Top Sirloin of Beef au Jus
Seafood Newburg

One lobster per person

Served Roasted Potatoes and Roasted Root Vegetables
Assorted rolls and butter

Dessert
Carrot Cake with Cream Cheese Icing
Tiramisu Trifle
Traditional Crumble
Gluten Free Chocolate Torte

Coffee and Tea

Menu subject to change.
Registration required using the online registration form.
Tickets: $75 + HST each.

Kitchen Party tickets may be cancelled for a 100% refund by Sept 30, 2015. No refunds will be provided after Sept 30, 2015.

Photo © Tourism PEI
Our sincere thanks to the 2015 CSIM Annual Meeting Committee

Nous remercions les membres du Comité du congrès annuel 2015 de la SCMI

Dr. Patrick Bergin, Co-Chair
Dr. Lenley Adams, Co-Chair
  Dr. Ford Bursey
Dr. Benjamin Chen
Dr. Stephen Duke
Dr. Annelise Gallien
Dr. Neil Gibson
Dr. Bert Govig

Dr. Amy Hendricks
Dr. Robert Herman
Dr. Wendy House
Dr. Stephen Hwang
Dr. Nadine Lahoud
Dr. Jorin LindenSmith
Dr. Tom Maniatis
Dr. James Nishikawa

See you at the Next CSIM Annual Meeting

October 26-29, 2016
Montréal, QC

November 1-4, 2017
Toronto, ON

Au plaisir de vous voir au prochain congrès annuel

Du 26 au 29 octobre 2016
Montréal (QC)

Du 1 au 4 novembre 2017
Toronto (ON)

CSIM Office
300—421 Gilmour Street
Ottawa, ON K2P 0R5
Tel: 613-422-5977
1-855-893-CSIM (2746)
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Tél : 613-422-5977
1-855-893-CSIM (2746)
Fax : 613-249-3326
info@csim.ca
www.csim.ca
TRAVEL

*Flights to Charlottetown are limited, please book as early as possible.* Save on your flight to Charlottetown by using the [AIR CANADA](http://www.aircanada.com) promotional code **BQPEGUM1**.

HOTEL ACCOMMODATIONS

**Delta Prince Edward**  
18 Queen Street, Charlottetown, PEI C1A 4A1  
(902) 566-2222 / Reservations: 1-877-450-7752

Rooms may also be available at [The Great George Hotel](http://www.thegreatgeorgehotel.com) (a short walk from the Delta). For reservations, please call 1-800-361-1118.

CSIM AWARDS

Apply for to the [CSIM Education and Research Fund](http://www.csim.ca/awards) - **Deadline: November 2, 2015**

Visit [csim.ca/awards-abstracts](http://www.csim.ca/awards-abstracts) to learn more about CSIM awards and scholarships:

- Atlantic Region Internal Medicine Resident of the Year Award
- GIM Faculty Research Showcase
- The CSIM Osler Awards
- Research Abstracts
- Quality Improvement Research Abstracts
- Ted Giles Clinical Vignettes
- The Hui Lee Health Promotion Scholarship
- Dr. David Sackett Senior Investigator Award
- New Investigator Award
- European School of Internal Medicine Conference

Follow us on and to be alerted of upcoming awards deadlines.

Join now!  
Resident Membership is FREE!

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CSIM Mission Statement

The CSIM is a non-profit professional society that promotes the health and well being of Canadian patients, their communities, and their health care systems. We seek to foster leadership and excellence in the practice of General Internal Medicine (GIM) through research, education, and advocacy for health promotion and disease management.

Vision

We believe that General Internal Medicine in Canada plays a central role in the training of current and future clinicians, in clinical research, in patient care, in health promotion, and in health advocacy; and that it unites a body of knowledge, values, and principles of care that lay the foundation for excellence in the Canadian health care system.

Values

We embrace the ethical and professional standards that are common to all healing professions, as well as the specific values of generalism, teamwork, competency-based training, life-long learning, evidence-based medicine, holism, and humane, patient-centered care.

CSIM CPD Subcommittee Mission Statement

Our ultimate goal is to go beyond the simple transmission of information. Our goal is to make a lasting impact on the knowledge, skills and attitudes of clinicians and future clinicians; to narrow the theory to practice gap; to improve the health of our patients and of all Canadians.

SCMI Mission

La Société canadienne de médecine interne (SCMI) est une association professionnelle sans but lucratif qui entend promouvoir la santé et le bien-être des patients, des collectivités et des systèmes de santé canadiens. Elle souhaite également promouvoir le leadership et l’excellence dans l’exercice de la médecine interne générale en favorisant la recherche, l’éducation, la promotion de la santé et la gestion des soins thérapeutiques.

Vision

La Société a l’intime conviction que la médecine interne générale occupe une place centrale dans la formation des cliniciens aujourd’hui et à l’avenir, dans la recherche clinique, dans la prestation des soins et des services de santé et dans la promotion de la santé, et que la discipline se fonde sur un savoir, des valeurs et des principes thérapeutiques essentiels à la poursuite de l’excellence dans le système de santé canadien.

Valeurs

La Société fait sienne les normes éthiques et professionnelles communes aux professions de la santé ainsi que les valeurs particulières du généralisme, du travail d’équipe, de la formation axée sur les compétences, de l’éducation permanente, de la médecine factuelle, de l’holisme et des soins et des services de santé humains, centrés sur le patient.

CSIM CPD Subcommittee Mission Statement

Notre but ultime consiste à aller au-delà de la simple transmission d’information. Par le perfectionnement des connaissances, des compétences et des attitudes, nous avons l’intention d’exercer une influence durable sur les cliniciens d’aujourd’hui et ceux de demain, de combler l’écart entre la théorie et la pratique et d’améliorer la santé de nos patients et celle de tous les Canadiens.
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