Annual Meeting 2018

In collaboration with

ACP
American College of Physicians
Leading Internal Medicine, Improving Lives

Alberta Chapter
British Columbia Chapter
Manitoba/Saskatchewan Chapter

Final Program

This program belongs to:

_____________________
_____________________

#CSIM2018

The CSIM Annual Meeting Mobile app is available as a free download in the app store.
WELCOME

The CSIM Annual Meeting is an outstanding conference for clinicians, educators, researchers, and trainees in internal medicine. As general internists responsible for delivering complex care to patients spanning the inpatient and ambulatory settings, issues of healthcare quality, patient safety, and stewardship of finite resources are core to our everyday practice. Throughout this year’s meeting, we will hear from internationally recognized researchers, educators, and clinicians. These presentations will open a dialogue about how we as general internists can lead in incorporating the best available evidence to deliver high quality care to our patients.

General Learning Objectives

- Maintain competence on a wide variety of up-to-date topics in General Internal Medicine.
- Discuss hot new topics (both published and un-published) that have arisen since the last CSIM meeting.
- Establish a network of general internist colleagues from both community and university settings.
- Promote General Internal Medicine as a specialty to our residents in training.

Continuing Professional Development (CPD)

The 2018 CSIM and ACP Western Canada Chapters Annual Meeting is an educational event approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. As an accredited provider, CSIM has approved this program for 21.25 hours.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Click here for more information on the process to convert Royal College MOC credits to AMA credits. Live educational activities recognized by the Royal College of Physicians and Surgeons of Canada as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

CanMEDS

CanMEDS is a framework for improving patient care by enhancing physician training. Its main purpose is to define the necessary competencies for all areas of medical practice and provide a comprehensive foundation for medical education and practice in Canada. This educational framework identifies and describes the seven Roles that lead to optimal physician performance, care delivery and health care outcomes. These roles include: Medical Expert (central Role), Communicator, Collaborator, Leader (formerly Manager), Health Advocate, Scholar and Professional. Click here to learn more.

CSIM Sessions will address some of these roles as indicated in the program.

Mentoring Sessions

Take advantage of the mentoring sessions available throughout the meeting. These sessions will allow you to receive one-on-one feedback and advice from experienced internists, including community-based and university-based clinicians, educators, and researchers. Sign up at the registration desk.

Your attendance at the CSIM Annual Meeting indicates your consent to be photographed.

Coat racks are available. Do not leave valuables unattended.

Program subject to change.

Submit to the Canadian Journal of General Internal Medicine!

The CJGIM accepts reviews, scholarly addresses, case reports, book reviews, historical interest, clinical tips, guidelines, letters to the editor, and more. The Article Processing Charge is waived for CSIM Members and Associates (with dues currently paid) and those who are submitting original research and review articles.

Learn more and submit at www.cjgim.ca. Follow the CJGIM on Twitter @CJGIMJournal.
## PROGRAM-AT-A-GLANCE

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<td>October 2-5, 2019 in Halifax, NS</td>
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*The CSIM Annual Meeting Mobile app is available as a free download in the app store.*
**WEDNESDAY, OCTOBER 10**

0730 – 1200 Simulation-Based Ultrasound-Guided Procedure Workshop *(pre-registrants only)*  

**1000** REGISTERATION OPENS  

**1400 – 1710 EXTENDED WORKSHOPS**

1. **COMMON DERMATOLOGICAL PROBLEMS** – *Chair: Dr. T. Lee-Ann Hawkins*  
   - **Hidradenitis Suppurativa: Shattering the Silence and Revealing the Science Behind a Devastating Disease – Dr. Susan Poelman**  
     - Diagnose hidradenitis suppurativa (HS).  
     - Become familiar with the pathogenesis behind HS.  
     - Recognize comorbidities and the need for a multi-disciplinary approach in treating HS.  
     - Become aware of the latest medical and surgical treatment options along with lifestyle changes that may benefit HS patients.  

2. **Evidence-Based Practice for Improving Quality** – *Chair: Dr. Narmin Kassam*  
   - **Define quality improvement (QI) and identify the QI cycle.**  
   - **Identify the ten steps to developing a QI project.**  
   - **Understand how to complete an aim and change form to plan QI activities in your facility/community.**  

3. **Critical Care** – *Chair: Dr. Jane McKay*  
   - **Update on Sepsis – Dr. Scott McKee**  
     - Develop a diagnostic approach to sepsis and understand the role of scoring systems.  
     - Apply evidence-based management strategies for sepsis including vasopressor choice.  
     - Discuss the role of steroids in sepsis treatment.  

   - **Update on Respiratory Failure – Dr. John Ronald**  
     - Differentiate between the different types of respiratory failure.  
     - Discuss ARDS identification and management in the ICU.  
     - Discuss weaning strategies in the ICU.  
     - Explain the role and rationale for different non-invasive ventilation strategies.
3. CRITICAL CARE continued — Chair: Dr. Jane McKay
   - Brain Outcomes in the Intensive Care Unit — Dr. Michael Kenyon
     • Discuss the importance of brain monitoring in the ICU.
     • Review subjective measures of brain monitoring in the ICU.
     • Review objective measures of brain function in the ICU.
     • Assess data on cognitive function loss after an ICU stay.

4. COMMON PROBLEMS IN POSTOPERATIVE CARE FOR THE INTERNIST
   Chair: Dr. Lynn Lambert
   - Perioperative Acute Kidney Injury in Non-Cardiac Surgical Patients — Dr. Barry Baylis
     • Understand the prevalence and clinical importance/impact of AKI in the perioperative patient.
     • Identify practical risk factors for perioperative AKI.
     • Develop an approach to diagnosing and managing AKI.
     • Recognise when to refer to a nephrologist.
   - Diabetes in the Postoperative Patient — Dr. Lynn Lambert
     • Manage diabetes in the neurosurgical patient.
     • Manage diabetes the patient on corticosteroids.
     • Manage diabetes in the patient who is “NPO” for a prolonged period, on enteral feeding, or on TPN.
   - Post-Operative Anticoagulation — Dr. Luke Rannelli
     • Know when to re-start anticoagulation in the patient already treated.
     • Address anticoagulation in the post-operative patient with DVT/PE.
     • Address anticoagulation in the neurosurgical/spinal patient.
   CanMEDS: Communicator, Collaborator, Professional, Medical Expert

1445 – 1505 Networking Breaks and View the Exhibits
1550 – 1610 Break: 1550-1610
1720 – 1730 OPENING REMARKS
   Dr. Neil E. Gibson, CSIM President
   Dr. Narmin Kassam, Chair, 2018 Annual Meeting Committee

1730 – 1830 PLENARY: Beyond These Walls: Overcoming the Tyranny of Distance — Dr. Amy Hendricks
   Chair: Dr. Narmin Kassam
   • Provide high-quality, non-face-to-face care for individuals living far from the usual practice setting.
   • Challenge the assumption of specialty care relying on patient travel, and propose less costly alternatives.
   • Develop an efficient, rewarding model for a geographically distributed practice designed to meet the needs of patients and other care providers.
   CanMEDS: Communicator, Collaborator, Health Advocate, Professional

1830 REGISTRATION CLOSES

Are you hosting a local learning event or journal club? You may be eligible for funding from CSIM!
The CSIM is pleased to help sponsor local learning events at academic and community centres across Canada, such as GIM Career Nights for trainees, CPD activities, and Journal Clubs.

Click here to learn more.
THURSDAY, OCTOBER 11

Explore the outdoors! Visit banff.ca for walking trails and more.

0645 REGISTRATION OPENS

0700 BREAKFAST OPENS

0730 – 0830 TOP FIVE PAPERS – Dr. Gabriel Fabreau
   Chair: Dr. Emily Gibson McDonald
   • Identify and summarize the findings of five papers published in 2018 that are highly relevant to internists and general internists in Canada.
   • Review the strengths and limitations of the papers using the principles of evidence-based medicine.
   • Recognize the implications of these papers for one’s own clinical practice.

0830 – 0900 Travel to Workshops and View the Exhibits

0900 – 1130 CONCURRENT MENTORING SESSIONS (Sign up at the CSIM registration desk)
Get one-on-one feedback and advice!

0900 – 1130 CONCURRENT WORKSHOPS (Select one per timeslot OR the Choosing Wisely /QI Session)

W01. Obesity Management – Dr. Arya Sharma
   • Gain a better understanding of obesity as a chronic disease.
   • Improve the approach to discussing weight with patients with obesity.
   • Gain confidence in recommending behavioural, medical and surgical interventions to patients with obesity.

W02. Opioid Addiction Management – Dr. Seonaid Nolan
   • Identify the patient with opioid addiction.
   • Manage the patient with opioid addiction, including the use of buprenorphine and naloxone.
   • Evaluate the current literature on opioid addiction and pain management.

W03. Frailty and Falls Assessment for Internists – Dr. Darryl Rolfson
   • Provide a practical approach to frailty and falls.
   • Practice the use of common assessment methods for frailty and falls.
   • Emphasize the benefits of multimodal interventions.

   • Understand the pharmacology of common classes of blood pressure-lowering medications and how to use them more effectively.
   • Recognize isolated systolic hypertension as a unique entity with specific issues in the elderly and cardiac patients and know which drugs work best and worst.
   • Understand the issues surrounding resistant hypertension and recognize common causes before ordering expensive tests and procedures to rule out rare conditions.
**Cancelled** W05. Beyond These Walls: Reaching Remote and Rural Populations with High-Quality GIM Care
– Dr. Amy Hendricks

*This session has been cancelled.*

- Provide high-quality, non-face-to-face care for individuals living far from the usual practice setting.
- Challenge the assumption of specialty care relying on patient travel, and propose less costly alternatives.
- Develop an efficient, rewarding model for a geographically distributed practice designed to meet the needs of patients and other care providers.

CanMEDS: Communicator, Collaborator, Manager, Health Advocate, Professional, Medical Expert

W06. Update on Interstitial Lung Disease – Dr. Charlene Fell

- Screen patients for environmental and occupational causes of ILD.
- Develop an approach to diagnose and classify ILD.
- Review updates in anti-fibrotic treatments.

CanMEDS: Communicator, Health Advocate, Medical Expert

W07. Case Based ECG and Arrhythmia Assessment: Figuring out Flutters and Flake Outs

Dr. Russell Quinn

- Identify important ECG pattern in patients with syncope.
- Understand and treat wide complex tachycardias.
- Know when to worry and when to reassure patients with palpitations.

CanMEDS: Communicator, Scholar, Professional, Medical Expert

W08. Update on Diabetes – Dr. Praveena Sivapalan

- Discuss the role of newer antihyperglycemic therapies in hospital.
- Write an appropriate exercise prescription for a patient living with diabetes.
- Describe highlights of changes in the 2018 Diabetes Canada clinical practice guidelines.

CanMEDS: Manager, Medical Expert

W09. Updates in Chronic Liver Disease – Dr. Bertus Eksteen

- Understand the development of cirrhosis, portal hypertension and hepatocellular carcinoma in patients in whom active virus has been eradicated by current drug treatments.
- Appreciate the role of sarcopenia in cirrhosis, how to intervene, and the role of biomarkers in cirrhosis.
- Recognise primary biliary cirrhosis in non-Caucasian populations.

CanMEDS: Collaborator, Health Advocate, Scholar, Professional, Medical Expert

W10. Choosing Wisely / QI Implementation Hack-a-Thon and Networking Session

Co-Chairs: Dr. Emily Gibson McDonald, Dr. Shannon Ruzycki, Dr. Timothy Chan (two-part session)

Participants will work in small groups to create a proposal to implement a Choosing Wisely initiative for the safe prescribing of opioids, and will share feedback with other groups.

- Critically evaluate Choosing Wisely and QI initiatives.
- Create an implementation plan, and anticipate and troubleshoot potential challenges.
- Implement one Choosing Wisely recommendation related to safe opioid prescribing.
- Create a project with a Canada-wide network.
- Share feedback and learn from peers on new initiatives and projects in GIM research, CW and QI.

Click here to download your fillable certificate of attendance.
THURSDAY, OCTOBER 11 continued

1000 – 1030 Networking Break and View the Exhibits

1145 – 1315 LUNCH and AWARDS PRESENTATIONS and CSIM/ROYAL COLLEGE OSLER LECTURE

Chair: Dr. Neil Gibson

Precision Medicine and the General Internist – Dr. Finlay McAlister
- Describe precision medicine vs. personalized medicine.
- Review the current status of precision medicine efforts relevant to General Internal Medicine practice.
- Explore the potential benefits and limits of precision medicine in the practice of General Internal Medicine.
CanMEDS: Scholar, Medical Expert

1315 – 1330 Visit the Exhibits and Travel to the Max Bell Building

1330 – 1430 SHORT SNAPPERS – Chair: Dr. Jane McKay (concurrent to the poster competition) MB Auditorium

- VTE Prophylaxis after Orthopedic Surgery – Dr. Tony Wan
  - Summarize the evidence for using direct oral anticoagulant.
  - Summarize the evidence for using aspirin.
  - Discuss the hybrid strategy.

- Shorter Duration of Antibiotic Therapy: What is the Latest Evidence? – Dr. Curtiss Boyington
  - Know which conditions have supporting evidence for “shorter” than standard duration of antibiotic therapy.
  - Understand which conditions have little or no evidence to support non-standard duration of antibiotic therapy.
  - Recognize that controversy exists in duration of therapy for some conditions.
CanMEDS: Communicator, Health Advocate, Professional, Medical Expert

- Managing Thrombosis in Renal Failure – Dr. Tony Wan
  - Discuss the use of direct oral anticoagulant in patients with severe renal impairment.
  - Discuss the use of low molecular weight heparin in patients with severe renal impairment.
CanMEDS: Scholar, Medical Expert

1330 – 1430 CSIM RESEARCH AND QI POSTER COMPETITION Max Bell - Elder Tom Crane Bear
(concurrent to the short snappers session)

- Recite updates on current research in the field of general internal medicine
- Apply QI methodology to the care of internal medicine patients

Trainees in IM/GIM present the results of research and QI projects. Posters are available for viewing all day and will be presented to a judging panel from 1330 – 1430. Winners will be announced at 1645 in the auditorium.

1430 – 1500 Networking Break and View the Exhibits

1500 – 1700 CSIM RESEARCH/QI ORAL COMPETITION AND ANNOUNCEMENT OF THE WINNERS MB Auditorium

- Chair: Dr. Emily Gibson McDonald
  - Recite updates on current research in the field of general internal medicine.
  - Apply QI methodology to the care of internal medicine patients.

Trainees in IM/GIM present the results of research and QI projects. Winners announced at the end of the session.

BE IN TO WIN!
What topics do you wish to see at future meetings? What are your thoughts on this year's meeting?
Tell us for a chance to win a coffee gift card!
Complete your daily evaluation forms through the mobile app, email link, or click here.
Research Presentations

1. Measuring GIM Consultation Skills in Longitudinal Training: A Quantitative Analysis of Resident Consultation Letters – Dr. Zain Burhani, University of Western Ontario
2. Cardiovascular Disease Risk Factors May Negatively Impact Rheumatoid Arthritis Disease Outcomes: Findings from the Ontario Best Practices Research Initiative – Dr. Kangping Cui, Western University
3. Prevalence of Strongyloidiasis and Schistosomiasis Among Migrants: A Systematic Review and Meta-analysis – Dr. Xing Jian Liu, McGill University
5. The Utility of Mindfulness in the Prevention of Falls – Ms. Kim Moore, Michael G, DeGroote School of Medicine
6. Using the Diffusion of Antibiotic Prescribing Behaviour to Identify Physician Prescribing of High-risk Medications and those of Questionable Benefit – Dr. Kieran Quinn, University of Toronto
7. Cancer Risk in Patients with Atopic Dermatitis: A Meta-analysis and Systematic Review – Ms. Lily Wang, University of Toronto
8. Does Universal Delirium Screening in Elderly Internal Medicine Patients Change Outcomes? – Dr. Amelia Wilkinson, Queen’s University

Quality Improvement Presentations

1. Improving Sleep Quality Among Hospitalized Medicine Patients by Eliminating Non-Essential Disruptions to Sleep – Ms. Beatrice Lau, University of Toronto
2. Improving the Rate of Appropriate Emergency Department Referrals at the Acute Internal Medicine Clinic – Mr. Cheuk Hei (Keith) Tam, McMaster University

1715 – 1845 ACP DOCTOR’S DILEMMA® – MEDICAL JEOPARDY – Chair: Dr. Narmin Kassam

The American College of Physicians Doctor’s Dilemma® competition is a fast-paced game of medical jeopardy. Hosted by the Canadian ACP Chapters. Light refreshments provided.

1730 REGISTRATION CLOSES

Help us Support GIM Activities of CSIM Residents and Full Members

Hui Lee Health Promotion Scholarship
This annual award aims to promote research and actions in health promotion among General Internal Medicine trainees and physicians and to honour and remember the life of Dr. Hui Lee, an active and cherished member of the CSIM.

Submit your application for a scholarship – watch for the 2019 call for applications at www.csim.ca.

Click here to donate to CSIM Funds.

Apply to the CSIM Education and Research Fund

The Canadian Society of Internal Medicine’s Education and Research Fund has been established to support educational and research activities of CSIM Full Members and Resident Associates.

The deadline to apply is November 9, 2018. Click here to learn more.
FRIDAY, OCTOBER 12

CLINICAL POSTERS AVAILABLE FOR VIEWING ALL DAY

Click here to view fitness and activity class schedules.

0715 REGISTRATION OPENS

0730 BREAKFAST OPENS

0800 – 0900 BREAKFAST and AM EDWARDS / ACP LECTURE – Chair: Dr. Narmin Kassam

Indigenous Health – Dr. James Makokis

- Understand the Indigenous health system, and how to become allies and reduce barriers for patients.
- Articulate how policies and structural/institutional racism have contributed to the present health disparities experienced by Indigenous Peoples.
- Be aware of the Truth and Reconciliation Commission of Canada's "Calls to Action" as they relate to Health.

CanMEDS: Communicator, Collaborator, Health Advocate, Professional

0900 – 0915 Travel to Workshops and View the Exhibits

0915 – 1145 CONCURRENT MENTORING SESSIONS (Sign up at the CSIM registration desk)

Get one-on-one feedback and advice!

0915 – 1145 CONCURRENT WORKSHOPS

One hour workshop, repeated twice; select one per timeslot.

W11. Medical Complications of Living with HIV and ARV Therapy: The Price of Success – Dr. Janet Gilmour

- Understand the current state and outcomes of HIV infection in Canada.
- Appreciate the risks and complications of long term ARV therapy.
- Monitor and manage medical conditions for persons living with HIV.

CanMEDS: Collaborator, Health Advocate, Medical Expert

W12. Cannabis: Practical Aspects for the Internist – Dr. Prabh Lail

- Manage cannabis withdrawal and cannabis therapy in hospitalized patients.
- Prescribe cannabis safely and effectively for specific disorders.
- Adjust cannabis therapy depending on a patient’s response and side effects.

W13. Biomarkers for Diagnosis and Targeted Therapy in Rheumatology – Dr. Aurore Fifi-Mah

- Choose the appropriate biomarkers for the diagnosis of rheumatological auto-immune diseases.
- Describe the effect and risks of targeted therapy.
- Review the concept of biosimilars.

CanMEDS: Communicator, Collaborator, Scholar, Medical Expert

W14. Movement Disorders for the Internist – Dr. Davide Martino

- Identify the type of tremor in patients with various presentations.
- Determine which investigations are required in the evaluation of patients with new onset ataxic gait.
- Manage restless legs syndrome and know which medications should not be used.
FRIDAY, OCTOBER 12 continued

W15. Carpe Docens: Effective Clinical Teaching for Busy Clinicians – Dr. Bruce Fisher
• Identify and surmount the challenges to effective clinical learning and teaching.
• Focus and guide clinical learning and competency development.
• Provide quality assessment and effective formative feedback.
  CanMEDS: Communicator, Scholar

• Recognize common toxidromes and withdrawal syndromes related to illicit substance ingestion.
• Develop an approach to management and monitoring.
• Understand aftercare and treatment for substance use disorder.
  CanMEDS: Collaborator, Scholar, Medical Expert

W17. Pink, Blue and Everything in Between: An Update on COPD – Dr. Tara Lohmann
• Know when to step up, when to step down as per the CTS Guidelines 2017.
• Reduce readmissions of patients with COPD following the INSPIRED COPD Outreach Program.
• Review smoking cessation resources: apps, e-cigarettes, etc.
  CanMEDS: Communicator, Collaborator, Professional, Medical Expert

W18. Practical Considerations for MAiD – Dr. Kim Wiebe
• Understand what criteria are used to determine if a patient is eligible for medical aid in dying.
• Anticipate, troubleshoot and overcome challenges which may be encountered.
• Access resources available to physicians for moral, spiritual and emotional support.
• Outline assessment documentation for one provincial body.
  CanMEDS: Communicator, Collaborator, Health Advocate, Professional, Medical Expert

W19. What’s New in Acute Kidney Injury – Dr. Debbie Rosenbaum
• Recognize acute kidney injury in outpatient and inpatient settings.
• Review the latest literature on contrast nephropathy.
• Understand the role and timing of dialysis in the critically ill patient.
  CanMEDS: Health Advocate, Medical Expert

W20. Competency Based Medical Education (CBME): Implications and Practical Tips for GIM – Dr. Maria Bacchus
• Understand the changes that CBME will have on current Canadian IM training programs.
• Apply direct observation, feedback and coaching models in a time-efficient manner to a variety of GIM teaching settings.
• Apply the concept of entrustment to resident assessment.
  CanMEDS: Communicator, Collaborator, Manager, Scholar, Professional, Medical Expert

1015 – 1045 Networking Break and View the Exhibits

Submit to the Canadian Journal of General Internal Medicine!

The CJGIM accepts reviews, scholarly addresses, case reports, book reviews, historical interest, clinical tips, guidelines, letters to the editor, and more. The Article Processing Charge is waived for CSIM Members and Associates (with dues currently paid) and those who are submitting original research and review articles.

Learn more and submit at www.cjgim.ca. Follow the CJGIM on Twitter @CJGIMJournal.
FRIDAY, OCTOBER 12 continued

1200 – 1330 LUNCH and KEYNOTE ADDRESSES – Chair: Dr. Emily Gibson McDonald

KC 101/103/105

- Premature Cardiovascular Disease in Canada: Screening and Treatment – Dr. Liam Brunham, New Investigator Award Recipient 2018
  - Appreciate the prevalence of familial hypercholesterolemia in Canada.
  - Recognize the high familial risk associated with premature cardiovascular disease.
  - Understand the basis of cascade screening for premature cardiovascular disease.

- “It’s Only a Case Report” and Related Nonsense – Dr. David Juurlink, Dr. David Sackett Senior Investigator Award Recipient 2018
  - Review the traditional hierarchy of medical evidence.
  - Discuss how all study types can generate valuable insights.
  - Present some illustrative examples.

CanMEDS: Collaborator, Health Advocate, Scholar, Medical Expert

1345 – 1445 DEBATE: Perioperative Troponins and BNPs – Chair: Dr. Michel Sauvé

MB Auditorium

- Dr. Mike Prystajecky, Dr. Shannon Ruzycki
  - Understand the burden of post-operative myocardial injury.
  - Analyze the role of functional assessment and diagnostic imaging in perioperative cardiac risk assessment.
  - Critically appraise the literature surrounding cardiac biomarkers for perioperative risk assessment.

CanMEDS: Collaborator, Manager, Health Advocate, Scholar, Professional, Medical Expert

1445 – 1515 Networking Break and View the Exhibits

KC 201/203/205

1515 – 1715 Ted Giles Clinical Vignettes – Chair: Dr. Steven Shadowitz

MB Auditorium

Join us at this dynamic competition as trainees present unusual clinical cases!

- Describe unusual presentations of common diseases and common presentations of rare diseases.
- Become familiar with the characteristics of engaging and educational case presentations.

Presentations

1. When Common Symptoms Lead to an Uncommon Diagnosis – Dr. Jason Bau, University of Ottawa
2. Aches and Pains: An Increasingly Common Heart Failure Patient for Internists – Dr. Ka Hong (Casey) Chan, University of Calgary
3. Weak in the Knees – A Case of Acute Paralysis in a 31 year-old Male – Dr. Ankur Goswami, McMaster University
4. A 73-year-old Man with Leg Pain and Recurrent Falls: Not the Typical Prose – Dr. Keith Gunaratne, University of Toronto
5. Crawling into View – Dr. Ryan Luther, University of Toronto
6. An En-lyte-ening Case of Osmotic Injury – Dr. Amy Miles, University of Toronto
7. A Sticky Situation: Upper Gastrointestinal Bleeding in a Young Woman in the Absence of Cirrhosis – Dr. Leigh Minuk, University of Toronto
8. Liver on a Prayer: An Unusual Case of Hepatomegaly – Ms. Jessie Peng, University of Toronto
9. An Unusual Cause of Involuntary Movements – Dr. Varuna Prakash, University of Toronto
10. A Case of Suspected Pulmonary-Renal Syndrome – Dr. Marie Yan, University of Toronto

Thank you to CSIM Members who have contributed to the CSIM Ted Giles Fund! Help support this project by donating to the Fund at csim.wildapricot.org/donate (tax receipt available).

1645 REGISTRATION CLOSES

1715 – 1815 CSIM Annual General Meeting (CSIM members only)
SATURDAY, OCTOBER 13

**CLINICAL POSTERS AVAILABLE FOR VIEWING**

Max Bell Building

**0700 – 0730 ACP Business Meeting** *(All Canadian chapters) (ACP members only)*

KC 204

**0715 REGISTRATION OPENS**

KC 201/203/205

**0730 BREAKFAST OPENS**

KC 101/103/105

**0800 – 0930 BREAKFAST and PRESENTATIONS – Chair: Dr. Sharon Card**

KC 101/103/105

**GIM FACULTY RESEARCH SHOWCASE**

- Simulated Geographical Co-location of Patients Admitted to an Inpatient Internal Medicine Teaching Unit: Potential Impacts on Efficiency and Physician-Nurse Communication – Dr. Andrew Appleton
  - Identify the benefits of applying an operations research approach to health care settings.
  - Consider how the admissions process and ward layout may impact interdisciplinary team communication.

- Mortality and Morbidity in Acutely Ill Adults Treated with Liberal versus Conservative Oxygen Therapy (IOTA): Systematic Review and Meta-Analysis – Dr. John Neary
  - Understand the evidence for benefit of conservative oxygen therapy relative to liberal oxygen therapy in acute medical inpatients.
  - Translate this evidence into improvement in everyday clinical practice.

**SHORT SNAPPERS**

- Rational Approach to Work-up of Syncope in the ER – Dr. Brian Wirzba
  - Identify the common causes of undifferentiated syncope.
  - Know the yield of various tests used in the workup of syncope, if the data exists.
  - Know the cost-effectiveness of these tests.

- Sepsis Scoring Systems: What is the Evidence? – Dr. Scott McKee
  - Identify sepsis early using scoring systems.
  - Discuss the evidence for the best scoring system to use.
  
  CanMEDS: Communicator, Collaborator, Manager, Scholar, Professional, Medical Expert

- Update in Migraine Management – Dr. Michael Knash
  - Introduce the anti-CGRP (Calcitonin Gene Related Peptide) monoclonal antibodies for use in migraine.
  
  CanMEDS: Manager, Health Advocate, Scholar, Professional, Medical Expert

**0930 – 0945 CLOSING REMARKS**

Dr. Neil E. Gibson, CSIM President
Dr. Narmin Kassam, Chair, 2018 Annual Meeting Committee

**PRESENTATION SLIDES**

Many presentation slides will be available on the CSIM website after the meeting. Check back to www.csim.ca for updates or follow CSIM on Twitter @CSIMSCMI.
SATURDAY, OCTOBER 13 continued

1000 – 1230 WORKSHOPS

1. STROKE SCHOOL – Dr. Andrew Demchuk
   ➢ Management and Investigation of Ischemic Stroke by Etiology
     • Describe the five major etiologies of ischemic stroke.
     • Understand the difference in investigation and short/long stroke prevention management between etiologies.
   ➢ Minor Stroke and TIA: Risk Stratification and Management
     • Describe how to risk stratify patients with TIA at high and low risk.
     • Understand how vascular imaging is the key to ideally managing minor stroke/high risk TIA patients.
   ➢ Acute Intracerebral Haemorrhage Management
     • Describe the evidence-based treatments available for acute ICH management.
     • Provide insight into emerging treatment strategies for ICH.
   ➢ Acute Ischemic Stroke Management
     • Describe how to select patients for IV thrombolysis.
     • Understand how mechanical thrombectomy is transforming the outcomes of major ischemic stroke.
     • Provide strategies to streamline local systems of care to deliver thrombolysis and mechanical thrombectomy as fast as possible from anywhere in Canada.

CanMEDS: Collaborator, Scholar, Medical Expert

2. ACUTE CARE FOR THE INTERNIST: NOVEL APPROACHES
   ➢ BiPAP and DDAVP: A Simple Internal Medicine Case – Dr. Brendan Kerr
     • Review the most important settings for non-invasive ventilation (NIV).
     • Apply NIV in the setting of ventilatory failure as part of multisystem acute illness.
     • Explore a novel therapy for severe hyponatremia.
   ➢ Point of Care Ultrasound in a Hypotensive Patient: A Case-Based Approach – Dr. Ryan Lenz
     • Recognize that ultrasound can be useful when assessing hypotensive patients.
     • Describe a rapid protocol-based approach to applying point of care ultrasound to a hypotensive patient.
     • Describe strengths and limitations of point of care ultrasound in hypotensive patients.
   ➢ Hemodynamic Support of the Septic Patient: Concepts and Controversies – Dr. Ben Wilson
     • Recognize the limitations of aggressive, fluid-predominant resuscitation strategies in sepsis.
     • Understand the benefits of Ringer’s lactate as the resuscitation fluid of choice in sepsis.
     • Appreciate the potential role of midodrine use in sepsis.

CanMEDS: Scholar, Medical Expert

3. OBSTETRIC MEDICINE
   ➢ Clots and Blood Thinners in Pregnancy: What the Internist Needs to Know – Dr. Gillian Ramsay
     • Develop an approach to diagnosis and initial management of VTE in pregnancy.
     • Decrease anxiety and palpitations when called for peripartum anticoagulation management.
     • Develop an awareness of patients requiring antepartum VTE prophylaxis.
   ➢ What’s New in the 2018 Diabetes in Pregnancy Guidelines – Dr. Jill Newstead-Angel
     • Understand how the new guidelines differ from the old and why these changes are important.
     • Discuss monogenic diabetes in pregnancy and understand why it has been added to this update.
   ➢ Preeclampsia and Hypertension Following Delivery – Dr. T. Lee-Ann Hawkins
     • Develop an approach to recognizing and diagnosing the postpartum patient with hypertension.
     • Understand why preeclampsia can worsen postpartum.
     • Review the management of postpartum hypertension.

CanMEDS: Communicator, Collaborator, Scholar, Health Advocate, Professional, Medical Expert

Part 1: 1000-1100
Break: 1100-1130
Part 2: 1130-1230
SATURDAY, OCTOBER 13 continued

4. STRATEGIES THAT WORK FOR EARLY PALLIATION IN CHRONIC DISEASE  
   MB 253
   – Dr. Tara Lohmann, Dr. Jessica Simon, Dr. Michael Slawnych, Dr. Chandra Thomas
   • Apply a rational approach to deprescribing medications and advanced interventions in persons with chronic disease in the last years of life.
   • Recognize the impact of prognostic uncertainty in delaying the provision of palliative care.
   • Employ strategies to overcome barriers in providing a palliative care approach.
   CanMEDS: Communicator, Collaborator, Health Advocate, Scholar, Medical Expert

1100 – 1130 Networking Break  
Max Bell Foyer

1230  Thank you for joining us!
See you at the next CSiM Annual Meeting October 2-5, 2019 in Halifax, NS.

BUSINESS MEETINGS

WEDNESDAY, OCTOBER 10, 2018
0745 – 0945  CSIM Education Committee Meeting (closed)  
KC 204
1000 – 1300  CSIM Council Meeting (closed)  
KC 202

FRIDAY, OCTOBER 12, 2018
0645 – 0745  CSIM Health Promotion Committee Meeting (closed)  
MB 153
0645 – 0745  GIM Division Heads Meeting (closed)  
MB 157
0715 – 0900  CJGIM Editorial Board Meeting (closed)  
MB 155
1445 – 1530  CSIM Research and QI Committee Meeting (closed)  
KC 204
1715 – 1815  CSIM Annual General Meeting (CSIM members only)  
MB Auditorium

SATURDAY, OCTOBER 13, 2018
0700 – 0730  ACP Business Meeting (All Canadian chapters) (ACP members only)  
KC 204
1245 – 1400  Pan-Canadian Internal Medicine Ultrasound Curriculum Committee Meeting (open meeting)  
KC 206

Be Part of CSIM!

• Trainees join for FREE
• Reduced CSIM Annual Meeting registration fees
• Apply for awards and abstracts and for funding for local learning events.
• Receive the Canadian Journal of General Internal Medicine and submit manuscripts

Learn more about membership benefits and apply to join at www.csim.ca.
Note that room PDC 103 is in the Professional Development Centre.
REGISTRATION

<table>
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<th>FULL CONFERENCE RATES</th>
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DAILY RATE: Wednesday or Saturday

| Member of CSIM/ACP 1   | $160             | $200                 |
| CSIM Physician Associate | $160            | $200                 |
| Non-member 2           | $225             | $265                 |
| CSIM Senior Associate or Allied Health Professional | $90              | $110                 |
| Resident or Medical Student | $65             | $80                  |
| Corporate Representative 3 | $280             | $355                 |

DAILY RATE: Thursday or Friday

| Member of CSIM/ACP 1   | $320             | $405                 |
| CSIM Physician Associate | $320            | $405                 |
| Non-member 2           | $450             | $530                 |
| CSIM Senior Associate or Allied Health Professional | $185              | $225                 |
| Resident or Medical Student | $125             | $160                 |
| Corporate Representative 3 | $555             | $705                 |

Guests 13 and older 4

| Guests 13 and older 4 | $100             | $100                 |

Registration is not confirmed until full payment has been received; unpaid registrations will be cancelled. Online payment by credit card only.

Space in the workshops is limited and seating is available on a first come, first served basis. Name badges must be worn at all times. Badges are non-transferable.

1 To obtain the CSIM member rate, your membership dues must be paid in full. If dues payment is not received, you are required to pay the non-member rate.

2 Eligible physicians may apply $280 of the non-member registration fee towards a 2018/2019 CSIM Full Membership. Contact the CSIM Office for additional details.

3 All corporate representatives must complete a registration form. Individuals representing corporate sponsors/exhibitors beyond any complimentary registration limit must submit payment with their registration form. Corporate representatives cannot be registered as guests. Space in workshops is limited; if a workshop still has space, corporate representatives and exhibitors may attend, but priority is to be given to physician delegates. Corporate registration and badges are non-transferable.

4 Guest/Children fee includes provided breakfasts, lunches and nutrition breaks. Conference sessions are NOT included. Guests or spouses wishing to attend workshops/sessions must register as delegates. NOTE: Guests who are physicians or allied health professionals and planning on attending sessions must register in the applicable category. Guests are required to wear their name badges at all times.

Cancellation policy: Registration and/or Simulation Workshop cancellation must be received in writing to the CSIM Office by September 18, 2018 for a 100% refund, less an administration fee of 10% + tax of the registration fee paid. No refunds will be provided after September 18, 2018. Registrations cannot be shared or transferred.

Dietary Requirements: While we will try our best to accommodate all requests, registrants and guests are responsible for ensuring that their special dietary needs are met. If you have any questions, please see CSIM staff. Additional costs incurred to provide special meals may apply.
Thank you to our 2018 speakers!

The CSIM is pleased to make a donation on behalf of each speaker to Food Banks Alberta.
To learn more, visit: foodbanksalberta.ca.
POSTER PRESENTATIONS
Thursday, October 11, 2018

Research Posters

**BENGUZZI, Mowad**, University of Saskatchewan – CRP Non-producers and Differences in Crohn’s Disease Treatment: A Case-Control Study

**BRANFIELD DAY, Leora**, University of Toronto – “Get the DNR”: Exploring the Impact of an Educational eModule on Internal Medicine Residents’ Attitudes and Approaches to Goals of Care Conversations

**CAFARO, Teresa**, Université de Montreal – The role of direct oral anticoagulant use and delayed time to emergency hip surgery

**CHRUSCICKI, Adam**, University of British Columbia – Donor and recipient factors associated with increased length of intensive care unit stay following bilateral lung transplantation: A single-centre retrospective cohort analysis

**DICK, Jeremy**, University of British Columbia – A comparison between single and dual sampling Endoscopic retrograde cholangiopancreatography (ERCP) techniques for diagnosing suspected carcinomas

**EVANS, Jessica**, University of Ottawa – Internal Medicine Perioperative Assessment Clinic (IMPAC): Assessment of the Post-Operative Internal Medicine Referral Process

**FLETCHER, Sarah**, University of British Columbia – #NoMoreManels: Quantifying the Proportion of Female Speakers at North American Medical Conferences

**GAUDREAU-SIMARD**, Mathilde, McGill University – Adherence to guidelines in the treatment of patients admitted with an acute exacerbation of chronic obstructive lung disease: A quality insurance cross-sectional study

**GINGRAS, Marc-Alexandre**, McGill University – Off-label gabapentinoid prescriptions are common in hospitalized medical patients

**HARRIS, Miriam**, McGill University – Residential Moves and its Association with Problematic Substance Use, Unmet Health Care Needs, and Acute Care Utilization among a Cohort of Homeless and Vulnerably Housed Persons in Canada

**LE MAY, Melanie**, University of Ottawa – The Impact of Symptoms at Metastatic Recurrence on Treatment Outcomes for Patients under Surveillance for High-Risk Melanoma

**LEUNG, Marie**, Queen's University – Applying multimedia methods in physical examination instruction for Core Internal Medicine Residents

**LIP, Alyssa**, University of Calgary – Effect of Bisphosphonates on Bone Health in Adult Renal Transplant Patients: Beyond the first year post-transplant. A Systematic Review and Meta Analysis.

**MICHAEL, Faith**, McMaster University – Transitional Care Quality Indicators in Heart Failure (HF) and COPD and Association with Outcomes: A Scoping Review Protocol

**PANCIC, Stefana**, University of Calgary – Development of Consensus on the Utilization of Common Laboratory Tests on Medical Teaching Units: A pan-Canadian Expert Panel Study

**PERIJA, Brittany**, University of Manitoba – Comparison of Dictated and Electronic Medical Record Discharge Summaries from Internal Medicine Wards

**TAI, Julia**, McMaster University – The development of an evaluation tool for ultrasound-guided paracentesis

**TRAN, Audrey**, Queen's University – Risk of Heart Failure with DPP-4 Inhibitors: A Meta-Analysis

**VELTRI, Nicole**, Queen's University – Discharge opioid prescribing habits in a tertiary care teaching hospital: A retrospective chart review

**WANG, Michael**, McMaster University – Resident Burnout on Internal Medicine Clinical Teaching Units: A Survey Study

**WILSON, Marnie**, McGill University / University of British Columbia – Rationalization of medications for primary prevention in hospitalized adults with life-limiting medical conditions: insights from the MedSafer study

**YAN, Marie**, University of Toronto – The Impact of a Specialized Outpatient Parenteral Antimicrobial Therapy (OPAT) Clinic: A Retrospective Cohort Study
Quality Improvement Posters

ANDERSON, Lindsay, University of Ottawa – Assessing the Osteoporosis Care Gap in Hip Fracture Patients at an Academic Tertiary Care Hospital

COLLINS, Caitlyn, University of Alberta – Using Quality Improvement (QI) Methodology to Develop a Standardized QI Educational Curriculum

FAINSTEIN, Rachel, University of Manitoba – From Hospital To Home - Improving Discharge Communication

GREEN, Christopher, Nova Scotia Health Authority – Interprofessional perspectives on physician progress notes from a medical teaching unit

GRÉGOIRE, Phillip, University of Toronto – The availability of over the counter fructose soft drinks in acute care hospitals: A call to action

HARVEY, Adrien, Université Laval – Residents’ 12-hour Night Calls: Patient Safety Climate when Implementing Interdisciplinary Night-Float Rotations in Five Canadian Hospitals

MOLEDINA, Aliza, University of Calgary/Alberta Health Services – Improving patient-physician communication in hospitals: Initial insights from a multi-centre Canadian, quality improvement initiative to implement the Serious Illness Care Program (SICP) on medical wards

PANAMSKY, Lilia, Queen’s University – Deprescribing medications in a tertiary care centre: A pilot study

SATTIN, Michael, Western University – Mixed-Methods Analysis of an Electronic ‘Mortality Review Form’

TURABI, Sayed Mustafa, McMaster University, Niagara Regional Campus – Reducing Rate of No-Shows and Wait Times


WEISZ, Sarah, University of Western Ontario, University Hospital, London Health Sciences Centre – Adherence to preoperative investigation ordering guidelines: an audit of practice
POSTER PRESENTATIONS
Friday, October 12, 2018 and Saturday morning, October 13, 2018

Clinical Posters

AZIZ, Haya, McGill University – The Hidden Collection: A Case Report
BÉLAIR, Christophe, Université de Sherbrooke – A Big Blue Spleen
BELIAVSKY, Alina, McGill University – Five Months of Madness
BHATNAGAR, Priyank, University of Toronto – Whipping in to Shape!
CHAUDHARY, Rushil, University of Toronto – More than meets the eyes: Expanding the differential for binocular vision loss.

COOMES, Eric, University of Toronto – Treatment Unmasking Illness: A Case of Neurological Complication of HIV
DEARDEN, Michele, University of Ottawa/ The Ottawa Hospital – A Study in Back Pain
GERSHKOVICH, Benjamin, University of Ottawa – When Good Drugs Do Bad Things
GILL, Impreet, University of Toronto – A curious case of cortisol

HIRSHBERG, Jonah, University of Manitoba – Mind the gap! Pitfalls to the osmolar gap in the evaluation of a metabolic acidosis.
JOHNSON, Heather, Queen's University – Too Much of a Good Thing
KIM, Jinbaek, University of Toronto/Trillium Health Partners – Pyogenic Liver Abscess: unlikely entry

KWONG, Lorie, University of Alberta – Peripheral edema - a rare cause for a common presentation

LE, Vincent Kent, Northern Ontario School of Medicine – Wait, what rhythm did you say he had again?
LEE, Erika, University of Ottawa – TB or not TB: That is the Question.

LESTER, Robynn, University of Calgary – An unusual culprit for multi-organ abscesses in an immune suppressed patient
LI, Xena, McMaster University – A puzzling case of acute liver failure

LING, Ying, University of Toronto – A Rare Complication of Venlafaxine Overdose and Alcohol Intoxication

MCLELLAN, Jessica, University of Calgary – A mysterious case of fever in a returning traveller
MU, Xin (Peter), University of Ottawa – A peculiar case of widespread rashes with fever

PARK, Jaewoo, University of Toronto – The Petechial Rash – How Low Can You Go?

PERRELLA, Andrew, University of Toronto – CT is not to see: Get thee to an endoscopy
RYAN, Tammy, McMaster University – An unusual case of headache

SEARLE, Adam, Queen's University – Heavy Proteinuria and Acute Kidney Injury: Not just a Simple Case

SHUKALEK, Caley, University of Calgary – Please Provide Your Approach to Ischemic Fingers

SILVERSTEIN, William, University of Toronto – A pneu cause of dyspnea
STEPHENSON, Wilson, University of Ottawa – Area 51: A Place for UFOs and FUOs

TAO, Jessie, University of Toronto – With Repetition Comes Clarity

TIAN, Si, University of Saskatchewan – Why the fever?

WANG, Xinye Serena, University of Toronto – When is it time to cry wolf?

WHEELER, Jeffrey, University of Manitoba – More than a sweet presentation

WING, Sara, McGill University – A Case of Fever and Altered Mental Status: Recognizing and Overcoming an Adverse Drug Event

WOODFINE, Jason, University of Ottawa – Fever and Confusion in The Elderly: An Agitated Journey into the Heart of Geriatric Polypharmacy

XIAO, Tian, University of Toronto – Filling Up before Take-off

YANG, Chengyue, University of Manitoba – A 37-Year-Old Woman with New-Onset Headache

ZALUCKY, Ann, University of Toronto – The Proof is in the Protein

ZHOU, Alan Liang, University of Toronto – The Choke that Didn’t Go - An Unusual Case of Dysphagia

ZHU, Rongbo, University of Toronto – An Elusive Diagnosis of Eosinophilia
See you at the next CSIM Annual Meetings!

October 2-5, 2019
Halifax, NS

October 14-17, 2020
Quebec City

Our sincere thanks to the
2018 CSIM Annual Meeting Committee

Dr. Narmin Kassam, Chair          Dr. Emily Gibson McDonald          Dr. Jane McKay
Dr. Sharon Card                     Dr. Lee-Ann Hawkins                Dr. Michel Sauvé
Dr. Teresa Cafaro                    Dr. Amy Hendricks                  Dr. Steve Shadowitz
Dr. Glen Drobot                     Dr. Robert Herman                  Dr. Nabha Shetty
Dr. Steve Duke                      Dr. Rahim Kachra                   Dr. Brian Wirzba
Dr. Neil Gibson                     Dr. Lynn Lambert

CSIM Mission Statement The CSIM is a non-profit professional society that promotes the health and wellbeing of Canadian patients, their communities, and their health care systems. We seek to foster leadership and excellence in the practice of General Internal Medicine (GIM) through research, education, and advocacy for health promotion and disease management.

Vision We believe that General Internal Medicine in Canada plays a central role in the training of current and future clinicians, in clinical research, in patient care, in health promotion, and in health advocacy; and that it unites a body of knowledge, values, and principles of care that lay the foundation for excellence in the Canadian health care system.

Values We embrace the ethical and professional standards that are common to all healing professions, as well as the specific values of generalism, teamwork, competency-based training, life-long learning, evidence-based medicine, holism, and humane, patient-centered care.

CSIM CPD Subcommittee Vision Our ultimate goal is to go beyond the simple transmission of information. Our goal is to make a lasting impact on the knowledge, skills and attitudes of clinicians and future clinicians; to narrow the theory to practice gap; to improve the health of our patients and of all Canadians.
This program has received an educational grant or in-kind support from:

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