CSIM Annual Meeting
October 26-29, 2016 – The Westin Montreal

PRELIMINARY PROGRAM OUTLINE

WEDNESDAY, OCTOBER 26

0800 – 1130 SIMULATION LAB: Lung Ultrasound for the General Internist – [click here to learn more]. (offsite; pre-registration required; additional fee applies)

1300 – 1630 EXTENDED WORKSHOPS (select 1 of 4)

➢ I) PERIOPERATIVE CARE

DO’s and DON'Ts: Reducing unnecessary perioperative investigations – Dr. Emmanuelle Duceppe
- Discuss the evidence for routine testing before elective non-cardiac surgery
- Discuss indications for preoperative testing in various specific conditions
- Discuss the impact of reducing preoperative testing on costs and patient outcomes

Perioperative Management of Patients on Anticoagulants and of Patients with Prothrombotic State – Dr. Vicky Tagalakis
- Manage patients undergoing surgery and on anticoagulation for atrial fibrillation
- Evaluate and manage patients undergoing surgery and who have a prior history VTE or prothrombotic state (e.g., Anti-phospholipid syndrome, Factor V Leiden, active malignancy)

Perioperative Management of Patients with Rheumatoid Arthritis and Inflammatory Conditions – Dr. Chantal Vallée
- Perform a preoperative assessment of patients with RA and obtain appropriate preoperative tests in this population
- Manage immunosuppressive therapy in patients with RA and who are undergoing surgery (e.g., anti-TNF, methotrexate)
- Discuss the role of perioperative steroid stress dose in chronic steroid users

➢ II) OBSTETRIC MEDICINE

Doctor, I Want to be Pregnant: Preconception care in women with chronic diseases – Dr. Natalie Dayan
- Provide counselling to women with common chronic medical conditions before pregnancy regarding disease-specific perinatal risks to both mother and fetus.
- Discuss potential effects that pregnancy may have on progression of several chronic conditions.
- Recommend and select non-pharmacological and pharmacological therapies for optimal pre-pregnancy health that are safe to continue in pregnancy.

Diabetes in Pregnancy: Updates in 2016 – Dr. Tina Kader
- Review data about strategies to reduce the risk of gestational diabetes mellitus (GDM) in women at high risk of developing GDM
- Update and discuss the role of oral anti-hyperglycemic agents in pregnancy
- Discuss long-term prognosis and recommended follow-up for women who developed GDM
Immunosuppressant Drugs in Pregnancy: What to know and what to use – Dr. Evelyn Vinet
- Apply basic concepts of immunosuppressant prescription during pregnancy and breastfeeding.
- Counsel women pre-conception or in pregnancy about which immunosuppressants should be stopped, changed for another or continued based on the principles of security/necessity.

I Can’t Catch my Breath! Asthma in Pregnancy – Dr. Michèle Mahone
- Describe the natural progression of asthma in pregnancy and potential risks to mother and fetus with poorly controlled disease
- Counsel women on the safety profiles of various pharmacotherapeutic agents, and be able to safely prescribe therapy
- Identify and manage an acute exacerbation of asthma during pregnancy

III) VASCULAR MEDICINE – Dr. André Roussin
- Update to VTE guidelines
- Is There a Role for “Thrombophilia Testing” in 2016?

IV) ACUTE, CRITICAL, AND COMPLEX CARE – Dr. German Poirier and Dr. Marc Chassé
- Septic Shock Monitoring
- Massive and Submissive Pulmonary Embolism
- Severe ARDS, Based on Influenza H1N1 2015-2016 Experience

1430 – 1500 Networking Break and Viewing of Exhibits

1645 – 1745 WELCOME REMARKS AND OPENING PLENARY: SPRINT Trial – Dr. Ernesto Schiffrin

THURSDAY, OCTOBER 27

0715 Breakfast Opens

0730 – 0840 BREAKFAST AND PLENARY: Top Five Papers – Dr. Paul Hébert
- Summarize the findings of five top papers published in 2016 that are highly relevant to GIM
- Critique the strengths and limitations of the papers using the principles of evidence-based medicine
- Interpret the implications of these papers for one’s own clinical practice

0845 – 1130 CONCURRENT MENTORING SESSIONS

0845 – 1145 CONCURRENT WORKSHOPS (select one per timeslot)
0845 – 1000 Timeslot 1
- Refugee Health for the General Internist – Dr. Lavanya Narasiah and Dr. Gabriel Fabreau
- Apps, Social Media and Cloud Services for the General Internist – Dr. Rahim Kachra
- Quality Improvement: How to start? What next? What should every hospital be doing in QI in general internal medicine? – Dr. Todd Lee
- Thrombectomy in Stroke: Where are we in 2016?? – Dr. Jeanne Teitelbaum
- Treatment of Hepatitis C: Where are we now? – Dr. Peter Ghali
- Unusual Causes of Heart Failure (HFrEF and others) – Dr. Nadia Giannetti
- Update on the Treatment of Rheumatoid Arthritis – Dr. Sabrina Fallavolita
- CMPA Medico-Legal Workshop for Internists / General Internists: How to avoid the avoidable! – Dr. Ann B. Cranney
1000 – 1030 Networking Break and Viewing of Exhibits

1030 – 1145 Timeslot 2

- Refugee Health for the General Internist – Dr. Lavanya Narasiah and Dr. Gabriel Fabreau
- Apps, Social Media and Cloud Services for the General Internist – Dr. Rahim Kachra
- Quality Improvement: How to start? What next? What should every hospital be doing in QI in general internal medicine? – Dr. Todd Lee
- Thrombectomy in Stroke: Where are we in 2016? – Dr. Jeanne Teitelbaum
- Traite ment de l’hépatite C : où sommes-nous ? – Dr. Peter Ghali
- Unusual Causes of Heart Failure (HFpEF and others) – Dr. Nadia Giannetti
- Update on the Treatment of Rheumatoid Arthritis – Dr. Sabrina Fallavolita
- CMPA Medico-Legal Workshop for Internists / General Internists: How to avoid the avoidable! – Dr. Ann B. Cranney
- Psst... Are you Falling Asleep? Approach to Diagnosis and Treatment of Sleep Disorders for the Internist / General Internist – Dr. John Kimoff
- Fungal infections for the General Internist: Case reviews and update – Dr. Don Sheppard

1145 – 1330 Free time! Explore the local flavours of Old Montreal, network with colleagues, visit the exhibits.

1230 – 1430 CSIM / Professors of Medicine (CAPM) – Research and Quality Improvement Poster Competition

1330 – 1430 PLENARY: Choosing Wisely Update – Dr. Lara Cooke

1430 – 1600 SHORT SNAPPERS

- Management of Refractory Asthma
- Procalcitronin Beyond the ICU
- Endocarditis Treatment Guidelines Update – Dr. Todd Lee
- Novel Drugs for Hypercholesterolemia – Dr. Jacques Genest

1430 – 1630 CSIM / Professors of Medicine (CAPM) – Research and Quality Improvement Oral Presentation Competition

- Recite updates on current research in the field of general internal medicine
- Apply QI methodology to the care of internal medicine patients

1600 – 1630 Networking Break and Viewing of Exhibits

1630 – 1730 OSLER LECTURE: Seeking Equanimity: Sir William Osler and Competence by Design – Dr. Sharon Card

- Describe the Royal College of Physician and Surgeon’s Competence by Design (CBD) initiative
- List the ways that the CBD initiative will impact General Internal Medicine (GIM) postgraduate training
- Compare and contrast the future of GIM education with postgraduate training in the time of Sir William Osler

1730 – 1830 CSIM Annual General Meeting (CSIM members only)
FRIDAY, OCTOBER 28

0715 Breakfast Opens

0730 – 0840 BREAKFAST AND PLENARY: Physician-Assisted Dying – Dr. Yves Robert

0845 – 1130 CONCURRENT MENTORING SESSIONS

0845 – 1130 Research and QI Exchange

0845 – 1145 CONCURRENT WORKSHOPS (select one per timeslot, OR the Research and QI Exchange)

0845 – 1000 Timeslot 1 or Research and QI Exchange Part 1

- SCC: mise à jour des données de 2015 pour l’émission des lignes directrices 2016 sur la fibrillation auriculaire – Dr. Mario Talajic
- Palliative Care: Essential Skills for General Internists – Dr. Manuel Borod
- Choosing the Right Agent for your Diabetic Patient: Individualizing diabetes mellitus type 2 management in light of the expanding therapies available – Dr. Kaberi Dasgupta
- Treatment and Monitoring of Inflammatory Bowel Disease with Novel Biologic Agents – Dr. Waqqas Afif
- Managing the Patient with Advanced Chronic Kidney Disease – Dr. Tiina Podymow
- A Practical Approach to Desensitization and Drug Allergies for the Practising General Internist – Dr. Mathieu Picard
- Dermatologie pour l'interniste : la peau en tant que reflet des maladies systémiques – Dr. Rosalie Meunier
- Arboviridae: Zika, Chickenguya, Dengue: What we all need to know now – Dr. Joyce Pickering
- Differentiating Movement Disorders: An approach to diagnosis of tremors and other unusual movement disorders – Dr. Anne-Louise Lafontaine

1000 – 1030 Networking Break and Viewing of Exhibits

1030 – 1145 Timeslot 2 or Research and QI Exchange Part 2

- CCS 2015 Focused Update on Atrial Fibrillation New Guidelines for 2016 – Dr. Mario Talajic
- Palliative Care: Essential Skills for General Internists – Dr. Manuel Borod
- Choosing the Right Agent for your Diabetic Patient: Individualizing diabetes mellitus type 2 management in light of the expanding therapies available – Dr. Kaberi Dasgupta
- Mindfulness: How to live in the moment as a busy general internist: recognizing burnout and how to “live better” – Dr. Tom Hutchinson
- Treatment and Monitoring of Inflammatory Bowel Disease with Novel Biologic Agents – Dr. Waqqas Afif
- Managing the Patient with Advanced Chronic Kidney Disease – Dr. Tiina Podymow
- Une approche pratique des allergies médicamenteuses et de la désensibilisation pour l'interniste généraliste praticien – Dr. Mathieu Picard
- Dermatology for the Internist: Skin as the window to systemic disease – Dr. Rosalie Meunier
- Arboviridae: Zika, Chickenguya, Dengue: What we all need to know now... – Dr. Joyce Pickering
- Differentiating Movement Disorders: An approach to diagnosis of tremors and other unusual movement disorders – Dr. Anne-Louise Lafontaine

1145 – 1330 Free time! Explore the local flavours of Old Montreal, network with colleagues, visit the exhibits.
1230 – 1330 **GIM ROUNDTABLE: Crashing or Coasting – Transition to Independent GIM Practice**  
   – Dr. Sharon E. Card, Dr. Amy Hendricks  
   *Transition to independent practice from residency has traditionally been a difficult step for many. The Roundtable discussion will explore mechanisms to make this transition easier for both graduates and patients.*  
   • Inform GIM training to enable a new GIM graduate to transition smoothly into independent practice.

1330 – 1530 **Ted Giles Clinical Vignettes**  
   • Describe unusual presentations of common diseases and common presentations of rare diseases  
   • Become familiar with the characteristics of engaging and educational case presentations

1530 – 1600 **Networking Break and Viewing of Exhibits**

1600 – 1730 **KEYNOTE ADDRESSES:** Dr. David Sackett Senior Investigator Award Winner and New Investigator Award Winner

1730 – 1745 **CSIM Awards Presentations**

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**SATURDAY, OCTOBER 29**

0700 – 0745 **ACP Business Meeting (All Canadian chapters) (ACP members only)**

0730 Breakfast opens

0745 – 0845 **PLENARY DEBATE: DOAC vs “Good Old” Warfarin** – Dr. André Roussin & Dr. Maxime Lamarre-Cliché

0845 – 0920 **FACULTY RESEARCH SHOWCASE**

0920 – 0930 **CLOSING REMARKS**

0930 – 1225 **CONCURRENT MENTORING SESSIONS**

0930 – 1230 **CONCURRENT WORKSHOPS (select 2)**  
   0930 – 1045 Timeslot 1  
   - Pre-op Evaluation of the Geriatric Patient: Frailty and other predictors of operative complications – Dr. Francine Gaba  
   - Clinique de prédicteurs et des biomarqueurs dans la prééclampsie : que devons-nous dire à nos patients? – Dr. Evelyne Rey  
   - Dermatological Disorders of Pregnancy – Dr. Annabelle Cumyn  
   - Competency By Design (CBD): The Royal College Approach to Competency Based Medical Education (CBME) – Dr. Farhan Bhanji  
   - Affections pleurales : l’épanchement pleural de cause inconnue – pour aller au-delà de la « lumière » – Dr. Stephane Beaudoin  
   - Maladies auto-inflammatoires : diagnostic de la FMF, des poussées fébriles périodiques et d’autres maladies rares – Dr. Hugo Chapdelaine  
   - Polypharmacy: Deprescribing and the general internist – where to start, how to do it? – Dr. Emily Gibson McDonald  
   - Blue Fingers and Blue Toes: Acrocyanosis syndromes – Dr. Jean Cusson  
   - Cardiovascular Risk Assessment: How best to estimate risk in 2016? – Dr. George Thanassoulis
1045 – 1115 Networking Break and Viewing of Exhibits

1115 – 1230 Timeslot 2

- Évaluation préopératoire du patient gériatrique : fragilité et autres prédicteurs de complications opératoires – Dr. Francine Gaba
- Clinical Predictors and Biomarkers in Preeclampsia: What should we tell our patients? – Dr. Evelyne Rey
- Troubles dermatologiques de la grossesse – Dr. Annabelle Cumyn
- Competency By Design (CBD): The Royal College Approach to Competency Based Medical Education (CBME) – Dr. Farhan Bhanji
- Pleural Diseases: Approach to unknown pleural effusion – moving beyond the “Light” – Dr. Stephane Beaudoin
- Auto-Inflammatory Disorders: Diagnosis of FMF, cyclic fever and other rare disorders – Dr. Hugo Chapdelaine
- Polypharmacy: Deprescribing and the general internist – where to start, how to do it? – Dr. Emily Gibson McDonald
- Doigts et orteils bleus : tout sur les acrosyndromes – Dr. Jean Cusson
- Cardiovascular Risk Assessment: How best to estimate risk in 2016? – Dr. George Thanassoulis

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BUSINESS MEETINGS

WEDNESDAY, OCTOBER 26

0800 – 0945 CSIM Education Committee Meeting (closed) (over breakfast)

1000 – 1300 CSIM Council Meeting (closed) (over lunch)

1800 – 2200 Royal College GiM Specialty Committee (including GiM Program Directors) (closed)

THURSDAY, OCTOBER 27

1145 – 1315 CJGIM Editorial Board Meeting (closed) (working lunch)

1145 – 1315 CSIM Health Promotion Committee Meeting (closed) (working lunch)

1730 – 1830 CSIM Annual General Meeting (CSIM members only)

FRIDAY, OCTOBER 28

1145 – 1245 Research and Qi Committee Meeting (closed) (working lunch)

1145 – 1315 CSIM Membership Committee Meeting (closed) (working lunch)

1745 – 1900 GiM Specialty Committee Meeting (including GiM Program Directors) and the AFC Committee for Obstetrical Medicine Meeting (by invitation only)

SATURDAY, OCTOBER 29

0700 – 0745 ACP Business Meeting (All Canadian chapters) (ACP members only)

1245 – 1345 CSIM Annual Meeting Committee De-Briefing (closed) (working lunch)

1300 – 1600 Pan-Canadian Internal Medicine Ultrasound Curriculum Committee Meeting (by invitation only)