

A 1-2 year fellowship in Cardiac Prevention, Woman's Health, and Ambulatory cardiology is now offered at SMH under the supervision of Dr. Beth Abramson.

Overview:

The Cardiac Prevention fellowship program at St. Michael's Hospital is a 12-24 month fellowship providing training in all the essential aspects of contemporary preventive cardiology with an emphasis on risk reduction strategies in the patient with coronary disease. Ambulatory care will be emphasised. As well, there is the opportunity to explore postmenopausal women's health and aspects of gender equity. By the end of the training period, it is expected that trainees will have acquired the knowledge, experience, and clinical and technical skills required to be an expert in the diagnosis and management of the entire spectrum of cardiac prevention. In addition to clinical expertise, trainees will also have the opportunity to pursue academic or scholarly activity in the area of cardiac prevention with appropriate supervision at a level required to further a career in academic cardiology and or cardiac prevention.

Objectives:

Independent practice of all aspects of preventive cardiology with application of diagnostic and therapeutic techniques for management of patients with chronic coronary disease.

Knowledge of current risk reduction strategies including: lipid lowering, hypertension control, smoking cessation, diabetic management, physical activity and lifestyle risk reduction strategies, New therapeutic strategies for treating angina as well as risk reduction strategies.

There will be an emphasis on team work during the fellowship. The trainee will: Work with the house staff team and allied health in the care of patients. Act as consultant for outpatient and inpatient management of patients with chronic coronary disease . Participate and take a leadership role in cardiac prevention clinic . Understand and support the roles of allied health professionals (nurse, EP technologist) in the ECG lab and rehab clinics; Work closely with other health care professionals whose patients require specialized preventative care and chronic management of CAD

If there is an interest – an understanding of managing the post menopausal woman at risk with be explored.

Trainees must have completed a minimum of 4 years of an internal medicine program to apply for this fellowship.

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